

*Florida EMS-C Advisory Committee Meeting
Thursday, June 16, 2022, 1300 - 1500 EST*

Seminole Hard Rock Hotel in Hollywood, FL





Welcome and Call to Order

Welcome new staff, committee members, liaisons, visitors and PECCs

- Kevin Meade, FL EMSC Coordinator (UF)
- Christina Parmer, FL EMS Administrative Services Manager & EMSC Project Director
- Jennifer McManus, Rural EMS Liaison / Region 6 CARES Coordinator
- Sign roster or email attendance confirmation with name/title/contact info to pedready@jax.ufl.edu or via chat box
- For online participants, please mute your phones and do not put on hold;
*6 to mute or unmute

FL EMSC and PEDReady Contact Information

Medical Director: Dr. Phyllis Hendry

Phyllis.hendry@jax.ufl.edu

904-625-2137 (mobile)

904-244-4986 (office)

FL EMSC Program Manager: Lori JeanJacques

Lorrianna.JeanJacques@flhealth.gov

850-558-9500

FL EMSC Program Director: Christina Parmer

Christina.Parmer@FLHealth.gov

850-558-9542

Group email:

pedready@jax.ufl.edu

Key Websites:

<https://www.emlrc/flpedready>

<https://emscimprovement.center>

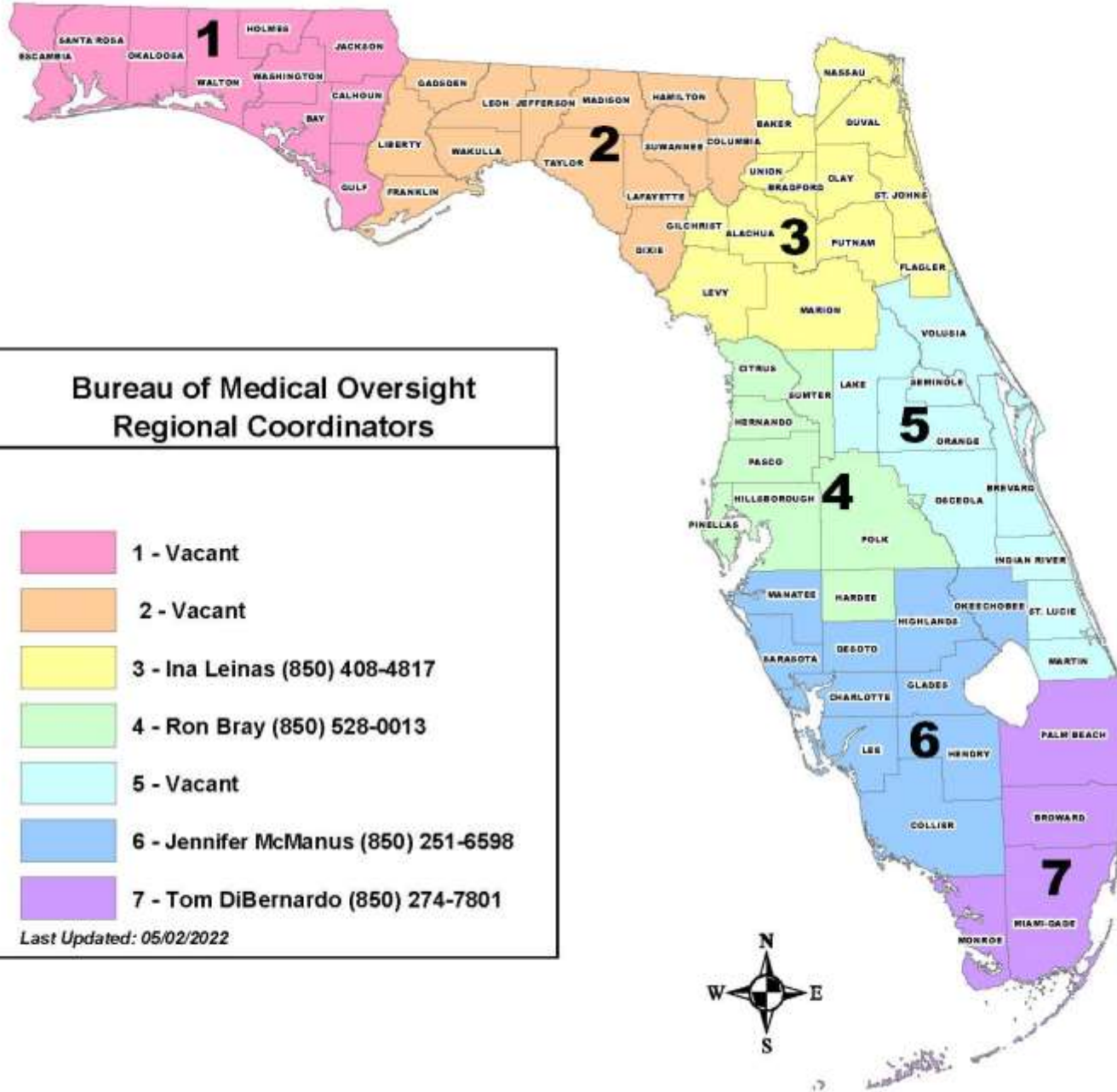
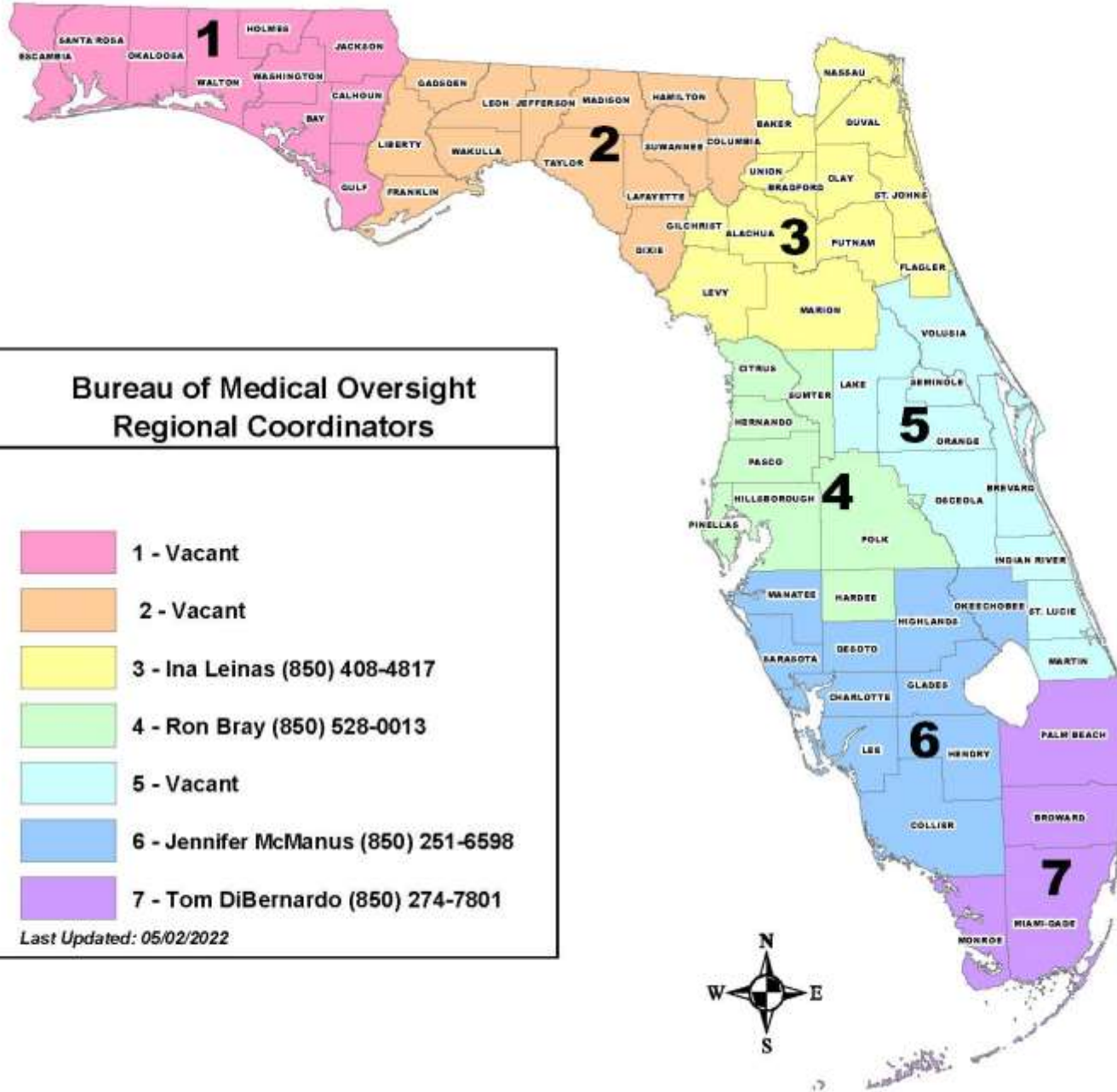
<http://www.floridahealth.gov/provider-and-partner-resources/emsc-program/index.html>

EMSC Advisory Committee and Liaisons

- New committee appointments and liaison update
Applications due June 20, 2022
<https://apps.floridahealth.gov/bcquestionnaire/>
- Addition of PICU/critical care liaison and others
- January meeting summary emailed, send corrections to
pedready@jax.ufl.edu
- Travel expense forms (see Lori Jean-Jacques)

Opening Announcements and Key Updates

- Florida EMSC program updates
 - Last year of grant cycle, awaiting new RFA and performance measures
- Added section to agenda for liaison and constituency group reports and announcements
- Bureau update and regional coordinators



Pediatric Pain Management in EMS (Resources from NASEMSO, PAMI, and NAEMSP)

NASEMSO Prehospital Pain Management Evidence Based Guidelines
(Includes Pediatrics!)

<https://nasemso.org/projects/prehospital-pain-management-ebg/>

- Sandy Nasca, Florida FAN representative on Technical Expert Panel!
- Two manuscripts-[EBGs for Pain Management: Recommendations](#) and [EBGs for Pain Management: Literature and Methods](#)
- Model EMS treatment protocol on pharmacologic management of pain incorporating the evidence-based guidelines, available at [Model Protocol](#);
- Performance measures for evaluating adherence to the evidence-based guideline available at [Pediatric IN Fentanyl Performance Measure](#);
- Educational materials for training EMS professionals on the pain management evidence-based guidelines, including a [Slide Presentation-pptx](#), [Pain Management Faculty Script](#), [Slide Handout](#), [Lesson Plan](#), and [Drug Profiles](#).
- Webinar by the National Association of EMS Educators:
https://www.youtube.com/watch?v=a4Af_5DI9io

Prehospital Pain Management Evidence Based Guidelines

Overview

One of the most frequent conditions encountered by EMS professionals in the field is pain. While appropriate use of controlled substances is within the standard of care for treating pain in the prehospital setting, the opioid crisis currently facing the nation has fueled an urgent need to develop evidence-based recommendations on the prehospital use of analgesics.

Working collaboratively with the National Association of EMS Physicians (NAEMSP) and the American College of Emergency Physicians (ACEP), NASEMSO led a project to develop evidence-based guidelines (EBGs) for the pharmacologic management of acute pain in the prehospital setting.

The principal investigator was George Lindbeck, MD, from NASEMSO; co-investigators were Sabina Braithwaite, MD, representing ACEP, and Manish Shah, MD, of NAEMSP. Together they led a multi-disciplinary technical expert panel comprised of an EMS clinician and EMS educator, as well as others with expertise in emergency medicine, pediatrics, pain management, pharmacology, trauma care, guideline development methodology, patient advocacy, EMS data. This project produced the following deliverables:

1. Two Manuscripts published in a peer-reviewed scientific journal, describing the methodology used to develop evidence-based guidelines. The articles are available at [EBGs for Pain Management: Recommendations](#) and [EBGs for Pain Management: Literature and Methods](#)
2. Model EMS treatment protocol on the pharmacologic management of pain incorporating the evidence-based guidelines, available at [Model Protocol](#);

3. Performance measures for evaluating adherence to the evidence-based guideline, available at [Pediatric IN Fentanyl Performance Measure](#);
4. Educational materials for training EMS professionals on the pain management evidence-based guidelines, including a [Slide Presentation-pptx](#), [Pain Management Faculty Script](#), [Slide Handout](#), [Lesson Plan](#) and [Drug Profiles](#).

Upon conclusion of the project, several members of the Technical Expert Panel participated in a webinar entitled Evidence Based Guidelines for Prehospital Pain Management. The webinar, hosted by the National Association of EMS Educators, is available here: https://www.youtube.com/watch?v=a4Af_5DI9io

The project was funded through support from the National Highway Traffic Safety Administration (NHTSA), Office of EMS, and the Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau's EMS for Children Program, as well as in-kind support from NASEMSO, NAEMSP and ACEP.

TECHNICAL EXPERT PANEL

+

DOCUMENTS & RESOURCES

+

Title	Date	Types	Categories
EDUC-RESOURCE-Pain-Management-Slides-NAEMSO-PDF	02/15/22	Documents	Project: Prehospital Pain Management EBG
Published Literature & Methods – EBGs for Prehospital Pain Management 1.25.22	01/25/22	Documents, Resource	Project: Prehospital Pain Management EBG
Published Recommendations – EBGs for Prehospital Pain Management 1.25.22	01/25/22	Documents, Resource	Project: Prehospital Pain Management EBG
EDUC Resource – Pain Management Slides	11/08/21	Resolutions	Project: Prehospital Pain Management EBG
EDUC Resource – Lesson Plan	11/05/21	Resource	Project: Prehospital Pain Management EBG
EDUC Resource – Drug Profiles	11/05/21	Resource	Project: Prehospital Pain Management EBG
Performance Measure: Pediatric Intranasal Fentanyl for Prehospital Pain Management	09/10/21	Resource	Project: Prehospital Pain Management EBG
Model EMS Protocol for Prehospital Pain Management – May 2021	07/27/21	Documents, Resource	Project: Prehospital Pain Management EBG
Overview of GRADE Methodology for Developing Evidence-Based Guidelines	08/27/20	Presentations	Project: Prehospital Pain Management EBG
Comparative Effectiveness of Analgesics To Reduce Acute Pain in the Prehospital Setting	08/26/20	Presentations	Project: Prehospital Pain Management EBG



Evidence-Based Guidelines for Prehospital Pain Management: Recommendations

George Lindbeck, Manish I. Shah, Sabina Braithwaite, Jonathan R. Powell, Ashish R. Panchal, Lorin R. Browne, Eddy S. Lang, Brooke Burton, Jeffrey Coughenour, Remle P. Crowe, Hannah Degn, Mary Hedges, James Gasper, Kyle Guild, Connie Mattera, Sandra Nasca, Peter Taillac & Mark Warth

To cite this article: George Lindbeck, Manish I. Shah, Sabina Braithwaite, Jonathan R. Powell, Ashish R. Panchal, Lorin R. Browne, Eddy S. Lang, Brooke Burton, Jeffrey Coughenour, Remle P. Crowe, Hannah Degn, Mary Hedges, James Gasper, Kyle Guild, Connie Mattera, Sandra Nasca, Peter Taillac & Mark Warth (2022): Evidence-Based Guidelines for Prehospital Pain Management: Recommendations, *Prehospital Emergency Care*, DOI: [10.1080/10903127.2021.2018073](https://doi.org/10.1080/10903127.2021.2018073)

To link to this article: <https://doi.org/10.1080/10903127.2021.2018073>



PICO

A guide



**PERSON/
POPULATION
AND/OR PATIENT**

P

What is the problem you are looking at?
Is there a specific population you need to focus on?

**INTERVENTION
INDICATOR**

I

What treatment/changes are you looking to explore?

**COMPARISON
CONTROL**

C

Comparison if you are comparing multiple interventions.
Control if you're comparing an intervention to do nothing.

OUTCOME

O

What result(s) will you consider to determine if/how well
the intervention is working?

Table 2. PICO questions for the EBG for prehospital pain management

1. Should intranasal fentanyl vs. IV opioids be used for acute onset of moderate to severe pain in children in the prehospital setting?
2. Should IV acetaminophen (APAP) vs. IV opioids be used for treatment of moderate to severe pain in the prehospital setting?
3. Should IV non-steroidal anti-inflammatory drugs (NSAIDs) vs. IV opioids be used for treatment of moderate to severe pain in the prehospital setting?
4. Should IV APAP vs. IV NSAIDs be used for treatment of moderate to severe pain in the prehospital setting?
5. Should IV ketamine vs. IV NSAIDs be used for treatment of moderate to severe pain in the prehospital setting?
6. Should IV ketamine vs. IV opioids be used for treatment of moderate to severe pain in the prehospital setting?
7. Should IV morphine vs. IV fentanyl be used for treatment of moderate to severe pain in the prehospital setting?
8. Should a combination of weight based IV opioid plus IV ketamine vs. weight based IV opioid alone be used for treatment of moderate to severe pain in the prehospital setting?
9. Should a combination of IV opioid plus IV ketamine vs. IV ketamine alone be used for treatment of moderate to severe pain in the prehospital setting?
10. Should nitrous oxide vs. IV opioids be used for treatment of moderate to severe pain in the prehospital setting?

Recommendation 1: We recommend in favor of intranasal (IN) fentanyl over intramuscular (IM) or intravenous (IV) opioids in the treatment of moderate to severe pain in **pediatric patients** prior to IV access or without (or without indication for) IV access (strong recommendation, low certainty of evidence). The panel makes a conditional recommendation for either IN fentanyl or IV opioids once IV access is established (conditional recommendation, low certainty of evidence).

Recommendation 2: We suggest in favor of IV acetaminophen (APAP) over IV opioids alone for the initial management of moderate to severe pain in the prehospital setting if IV APAP is available, affordable, and easy to administer. (conditional recommendation, low certainty of evidence)

Recommendation 3: We suggest either IV NSAIDs or IV opioids for the initial management of moderate to severe pain in the prehospital setting. (conditional recommendation, moderate certainty of evidence)

Recommendation 4 : We suggest in favor of IV NSAIDs over IV APAP for the initial management of moderate to severe pain in the prehospital setting. Additionally, we recommend in favor of either PO NSAIDs or PO APAP for the initial management of pain in the prehospital setting if an oral analgesic is considered. (conditional recommendation, low certainty of evidence)

Recommendation 5: We suggest either IV ketamine or IV NSAIDs for the initial management of moderate to severe pain in the prehospital setting (conditional recommendation, moderate certainty of evidence)

Recommendation 6: We suggest either IV ketamine or IV opioids for the initial management of moderate to severe pain in the prehospital setting (conditional recommendation, very low certainty of evidence)

Recommendation 7: If opioids are selected for pain management, we suggest either IV morphine or IV fentanyl for the treatment of moderate to severe pain in the prehospital setting (conditional recommendation, low certainty of evidence)

Recommendation 8: We suggest against the combination of weight-based IV opioid plus weight-based IV ketamine versus weight-based IV opioid alone for the initial management of moderate to severe pain in the prehospital setting. (conditional recommendation, very low certainty of evidence)

Recommendation 9: No recommendation was made at this time on the comparison between the combination of an IV opioid plus IV ketamine, versus IV ketamine alone for the initial management of moderate to severe pain in the prehospital setting due to significant uncertainty of the evidence and incomplete information concerning the comparison.

Recommendation 10: No recommendation was made regarding the comparison between nitrous oxide versus IV opioids for the initial management of moderate to severe pain in the prehospital setting.

Pediatric Pain Management in EMS (Resources from NASEMSO, PAMI, and NAEMSP)

EMSC Day Prehospital Emergency Care Podcast Ep. 113 (NAEMSP) "Ouch-less Pediatrics":
<https://podcasts.apple.com/us/podcast/prehospital-emergency-care-podcast-the-naemsp-podcast/id925204308?i=1000562317202>. CAPCE credit available.

Discussion Points

- Analgesia administration in EMS vs. ED setting
- Pain scales or measurement
- IN medications in children
- Distraction and other nonpharmacologic pain management
- QI needed to implement change



Model EMS Protocol for Prehospital Pain Management

May 2021

Evidence-Based Guideline for Prehospital Pain
Management (093J02050003)

National Association of State EMS Officials

201 Park Washington Court • Falls Church, VA 22046-4127
www.nasemos.org • info@nasemos.org
phone 703-526-1798 • fax 703-241-9483

Submitted to NHTSA Office of EMS, May 13, 2021 in fulfillment of

Item 8, Condition 6, Submit Draft EMS Protocol

Cooperative Agreement No. 693J02050003

Patient Presentation

Inclusion Criteria

Patients who are experiencing pain

Exclusion Criteria

1. Pregnancy with active labor
2. Patients with care-plans that prohibit use of parenteral analgesics by EMS

Patient Management

Assessment, Treatment, and Interventions

1. Determine patient's pain score assessment using standard pain scale.
 - a. Less than 4 years old: Observational scale (e.g. Faces, Legs, Arms, Cry, Consolability [FLACC] or Children's Hospital of Eastern Ontario Pain Scale [CHEOPS])
 - b. 4-12 years old: Self-report scale (e.g. Wong Baker Faces, Faces Pain Scale [FPS], Faces Pain Scale Revised [FPS-R])
 - c. Greater than 12 years old: Self-report scale (Numeric Rating Scale [NRS])
2. Consider initial use of non-pharmaceutical pain management techniques
 - a. Placement of the patient in a position of comfort
 - b. Application of ice packs and/or splints for pain secondary to trauma
 - c. Verbal reassurance or distraction to minimize anxiety
 - d. For children, caregiver presence to the degree allowed by required clinical care and caregiver comfort
3. If non-pharmaceutical techniques are not sufficient to relieve pain, then consider use of non-IV analgesics
 - a. PO options (for milder pain with the understanding that onset of action will be slower than IN/IM/IV or if there is a desire to avoid parenteral medications and/or opioids)
 - i. Acetaminophen 15 mg/kg PO (maximum dose 1 g)
 - ii. Ibuprofen 10 mg/kg PO for patients greater than 6 months of age (maximum dose 800 mg)
 - b. Intranasal (IN) options (preferred as initial dosing, particularly in children, to initiate pain

- relief prior to, or in the absence of, IV access. IN administration may obviate the need to obtain IV access for pain medication)
- i. Fentanyl 1 mcg/kg IN
 - ii. Ketamine: 0.5 mg/kg IN (maximum initial dose 25 mg; maximum cumulative dose 100 mg)
- c. Intramuscular (IM) options
 - i. Ketorolac (one-time dose only)
 - Adult (non-pregnant): 30 mg IM
 - Pediatric (2-16 years old): 1 mg/kg IM (maximum dose 30 mg)
 - ii. Morphine sulfate: 0.1 mg/kg IM (maximum initial dose 15 mg)
 - iii. Fentanyl 1 mcg/kg (maximum initial dose of 100 mcg)
 - d. Inhaled: nitrous oxide
4. Establish IV access if there is ongoing pain warranting further treatment and administer one of the following:
 - a. Acetaminophen:
 - i. Adult: 1 g IV
 - ii. Pediatric: 15 mg/kg IV (maximum dose 1 g)
 - b. Ketorolac (one-time dose only):
 - i. Adult: 15 mg IV in adults who are not pregnant
 - ii. Pediatric (2-14 years old): 0.5mg/kg (maximum dose 15 mg) IV
 - c. Fentanyl:
 - i. Adult: 25-50 mcg IV
 - ii. Pediatric: 1 mcg/kg IV (maximum initial dose 100 mcg)
 - d. Morphine sulfate:
 - i. Adult: 5 mg IV
 - ii. Pediatric: 0.1 mg/kg IV (maximum initial dose 5 mg)
 - e. Hydromorphone:
 - i. Adult: 1-2 mg IV
 - ii. Pediatric: 0.015 mg/kg IV (maximum initial dose 2 mg; maximum cumulative dose of 4 mg)
 - f. Ketamine:
 - i. Adult: 25 mg IV (slow IV push or infusion in 100 cc NS/LR)
 - ii. Pediatric: 0.25 mg/kg IV (maximum initial dose 25 mg; maximum cumulative dose 100mg)
 5. Consider administration of oral, sublingual, or IV anti-emetics to prevent nausea in high-risk patients [see [Nausea/Vomiting guideline](#)]



Our Mission



*Advancing innovation and safety in pain
education, patient care and research*

Overall goal is advancement of multimodal, safe pain management in healthcare systems to improve outcomes and reduce opioid risk

- Initial focus on EDs, Trauma and EMS; now multidisciplinary
- Stop progression of acute to chronic pain, prevent or decrease need for opioids and other high-risk medications or procedures

PAMI Disclaimer

Programs supported by the following grants and organizations: University of Florida College of Medicine — Jacksonville Department of Emergency Medicine, Florida Medical Malpractice Joint Underwriting Association, Florida Blue Foundation, SAMHSA Emergency Department Alternatives to Opioids Demonstration Program (grant # H79TI083101) and Overdose Data to Action (OD2A). OD2A is 100% funded by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services. The content of all PAMI materials, programs and presentations are those of the authors and investigators and do not necessarily represent the official views of, nor an endorsement, by FMMJUA, Florida Blue Foundation, CDC, HHS, or the U.S. Government.

PAMI Background

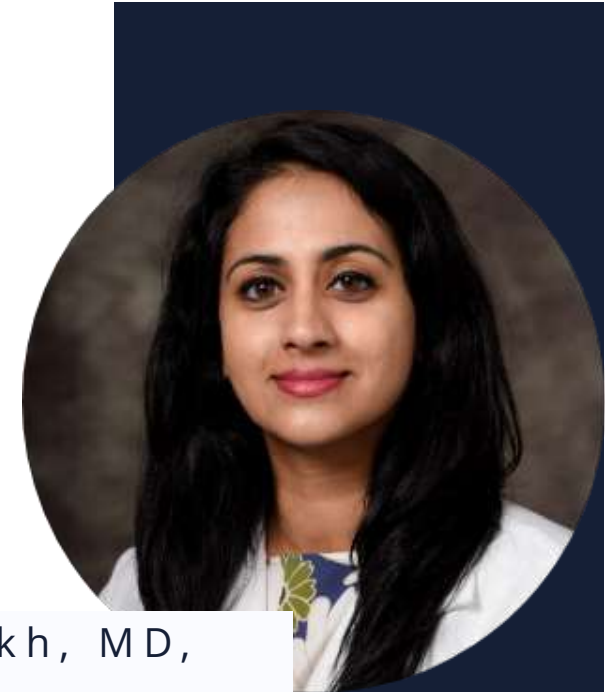
Established in 2014 by Drs. Hendry and Sheikh

- Housed in Division of Emergency Medicine Research
- Includes a multidisciplinary team from EM, pharmacy, pain medicine, physical therapy, trauma, nursing, information technology, toxicology, and more!
- Includes 3 sub-programs and 6 research studies related to pain management, health disparities, education, older adults, and epigenetics.
- State and local collaborations



Phyllis Hendry, MD,
FAAP, FACEP

Principal Investigator
Associate Chair of EM Research
Professor of Emergency Medicine & Pediatrics



Sophia Sheikh, MD,
FACEP

Principal Investigator
Medical Director, Florida/USVI Poison Information
Center Jacksonville
Associate Professor of Emergency Medicine

PAMI Website

pami.emergency.med.jax.ufl.edu

- Free access resources for patients and professionals
- Discharge planning patient education
- Nonpharmacologic, integrative pain therapy resources



PAMI Resources Overview

- Pain Management and Dosing Guide
- Discharge Planning Toolkit for Pain
- Patient Educational Videos
- Nonpharmacologic & Distraction Toolkit/Toolbox
- Transitioning to “integrative toolkit”
- Pain scale cards

PAMI Educational Materials and Free Resources

Pain Assessment and Management Initiative
PAMI
Pain Assessment and Management Initiative
pami.emergency.med.ias.ufl.edu

Pain Management and Dosing Guide
Pharmacologic and non-pharmacologic management of acute and chronic pain in children and adults
• Stepwise approach to pain management
• Non-opioids, opioids, ketamine and regional analgesic tables
• Oral, nasal, parenteral & topical medications
• Non-pharmacologic interventions

Discharge Planning Toolkit for Pain
A comprehensive discharge toolkit containing:
• Discharge Algorithm for Pain • Educational videos
• Pain Risk Factors Assessment • Educational handouts
• 4 Flat tires car analogy from ACPA
Adapt the toolkit to your own needs!

Non-pharmacologic Toolkit
A non-pharmacologic and distraction focused toolkit
• Course videos • Apps and resources
• Suggested toolbox components • Educational handouts

Patient Educational Videos
Pain Medication Safety Additional Therapies
Believing Back Pain Managing Chronic Pain

Virtual Reality (VR)
VR has proven to be effective in reducing pain and anxiety during procedures, burn or wound management, in labor & delivery and more.

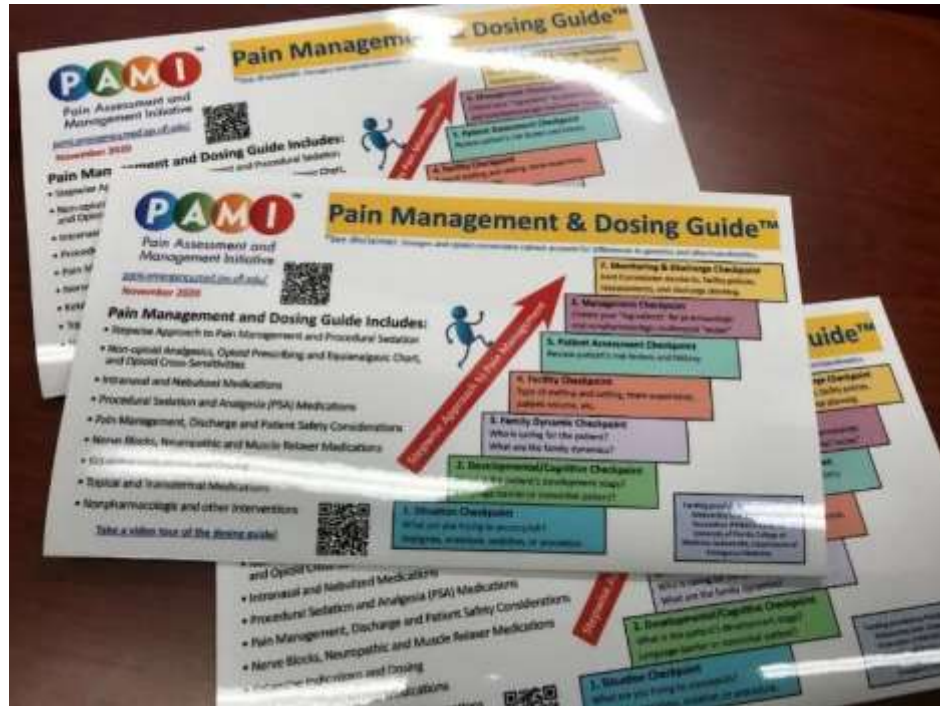
Communication Cards
Assist EMS, ED, hospital and other health care providers in communicating with nonverbal or non-English speaking patients and families. Available in English, Spanish and Creole!

Phone: 904-244-4986 Email: pami@jax.ufl.edu
Facebook.com/pami | www.pami.com | [youtube.com/uc0w0y0f0u0t0](https://www.youtube.com/channel/UCu0w0y0f0u0t0)

July 2021

PAMI Pain Management and Dosing Guide

pami.emergency.med.jax.ufl.edu/resources/dosing-guide



Updated q 1-2 years in collaboration with pharmacy, EM, trauma, palliative care and pain management SMEs, FSHP, etc.

- Adult and pediatric dosing
- Various administration routes
- Topical & transdermal
- Nasal, nebulized, oral, IV, IM
- Non-pharmacologic interventions
- Regional/local nerve blocks and non-opioid analgesic options
- Procedural sedation
- Discharge planning tips
- QR codes and links to videos

Pain Management and Dosing Guide

Non-Opioids, Opioids & Equianalgesic Chart

Non-Opioid Analgesics*			Opioid Prescribing and Equianalgesic Chart (*based upon 2019 ASHP recommendations)																								
Generic (Brand)	Adult	Pediatric (<12 yo)	Generic (Brand)	Onset (O) and Duration (D)		*Approximate Equianalgesic Dose		Recommended STARTING dose for ADULTS		Recommended STARTING dose for CHILDREN (> 6 mo)																	
				Oral	IV	Oral	IV	Oral	IV	Oral	IV																
Acetaminophen (Tylenol®)	325-650 mg PO q 4-6 h Max: 4g/day	15 mg/kg PO q 4-6 h Max: 75 mg/kg/day	Morphine (MSIR®) [CII]	O: 30-60 min D: 3-6 h	O: 5-10 min D: 3-6 h	25 mg	10 mg	5-10 mg q 4 h	2-4 mg q 2-4 h	0.3 mg/kg q 4 h	0.1 mg/kg q 2-4 h																
Acetaminophen IV (Ofirmev®) Use only if not tolerating PO	1 g IV q 6 h Max: 4 g/day or 650 mg q 4 h prn pain	<50 kg 15 mg/kg IV q 6 h or 12.5 mg/kg IV q 4 h prn pain Max: 75 mg/kg/day	Hydromorphone (Dilaudid®) [CII]	O: 30 min D: 4-6 h	O: 5 min D: 3-4 h	5 mg	2 mg	2-4 mg q 4 h	0.2-1 mg q 2-3 h	0.06 mg/kg q 4-6 h	0.015 mg/kg q 2-4 h																
Celecoxib (Celebrex®)	100-200 mg PO daily to q 12 h Max: 400 mg/day	≥ 2 yo to adult 10-25 kg: 50 mg PO BID; > 25 kg: 100 mg BID	Hydrocodone/APAP 325 mg (5, 7.5, 10 mg) [CII] (7.5 mg/325 mg per 15 mL)	O: 30-60 min D: 4-6 h	—	25 mg	—	5-10 mg q 6 h	—	≥ 2 yo: 0.1-0.15 mg/kg q 4-6 h	—																
Ibuprofen (Motrin®)	400-800 mg PO q 6 to 8 h Max: 3200 mg/day	10 mg/kg PO q 6 to 8 h Max: 40 mg/kg/day or 2400 mg/day	Fentanyl [CII] (Sublimaze® Duragesic®) Patch for opioid tolerant patients ONLY	Transdermal O: 12-24 h D: 72 h per patch	O: <1 min D: 30-60 min	—	150 mcg (0.15 mg)	Do not use in opioid naive pt.	50 mcg q 1-2 h	Do not use in opioid naive pt.	1-2 mcg/kg q 1-2 h (max 50 mcg/dose)																
Ketorolac (Toradol®)	15 mg IV or 30 mg IM q 6 h Max: 120 mg/d x 5 day	0.5 mg/kg IM/IV q 6 h up to 72 h Max: 30 mg/dose IM, 15 mg/dose IV	Methadone (Dolophine®) [CII] Opioid tolerant patients ONLY	O: 30-60 min D: >8 h (chronic use)	—	Variable	Variable	2.5 mg q 8-12 h	—	0.7 mg/kg/day PO/SC/IM/IV ÷ q 4-6 h prn severe chronic pain	—																
Naproxen (Naprosyn®)	250-500 mg PO q 12 h	≥ 2 yo 10 mg/kg/day PO div q 8-12 h	Oxycodone 5, 15, 30 mg (Roxicodone®), Oxycodone 5, 7.5, 10 mg/ APAP 325 mg (Percocet®) [CII]	O: 10-15 min D: 3-6 h	—	20 mg	—	5-10 mg q 6 h	—	0.05-0.15 mg/kg q 4-6 h	—																
Meloxicam (Mobic®)	7.5-15 mg PO daily	≥ 2 yo 0.125 mg/kg/dose NTE adult dose	Tramadol (Ultram®) [CIV] Not recommended in nursing mothers.	O: 1 h D: 3-6 h	—	120 mg	—	50-100 mg q 6 h Max: 400 mg/day	—	—	—																
			Tapentadol (Nucynta®) [CII]	O: 30 min D: 4-6 h	—	100 mg	—	50 mg q 4-6 h	—	—	—																
			Opioid Cross-Sensitivities				Intranasal* and Nebulized Medications																				
			Phenanthrenes (related to morphine): morphine, codeine, oxycodone, hydrocodone, hydromorphone Phenylpiperidines (related to meperidine): meperidine, fentanyl Risk of cross-sensitivity in patients with allergies is greater when medications from the same opioid family are administered.				<table border="1"> <thead> <tr> <th>Generic</th> <th>Dose</th> <th>Max Dose</th> <th>Comments</th> </tr> </thead> <tbody> <tr> <td>Fentanyl</td> <td>IN: 1.5-2 mcg/kg q 1-2 h Neb: 1.5-4 mcg/kg</td> <td>4 mcg/kg or 100 mcg</td> <td>Divide dose equally between each nostril</td> </tr> <tr> <td>Midazolam (5 mg/mL)</td> <td>IN: 0.3 mg/kg</td> <td>10 mg or 1 mL per nostril (total 2 mL)</td> <td>Divide dose equally between each nostril</td> </tr> <tr> <td>Lidocaine</td> <td>Neb: 4% (40 mg/mL) 100-200 mg or 2.5-5 mL</td> <td>4.5 mg/kg total or 300 mg</td> <td>>5 mg/kg associated with serious toxicity</td> </tr> </tbody> </table>					Generic	Dose	Max Dose	Comments	Fentanyl	IN: 1.5-2 mcg/kg q 1-2 h Neb: 1.5-4 mcg/kg	4 mcg/kg or 100 mcg	Divide dose equally between each nostril	Midazolam (5 mg/mL)	IN: 0.3 mg/kg	10 mg or 1 mL per nostril (total 2 mL)	Divide dose equally between each nostril	Lidocaine	Neb: 4% (40 mg/mL) 100-200 mg or 2.5-5 mL	4.5 mg/kg total or 300 mg	>5 mg/kg associated with serious toxicity
Generic	Dose	Max Dose	Comments																								
Fentanyl	IN: 1.5-2 mcg/kg q 1-2 h Neb: 1.5-4 mcg/kg	4 mcg/kg or 100 mcg	Divide dose equally between each nostril																								
Midazolam (5 mg/mL)	IN: 0.3 mg/kg	10 mg or 1 mL per nostril (total 2 mL)	Divide dose equally between each nostril																								
Lidocaine	Neb: 4% (40 mg/mL) 100-200 mg or 2.5-5 mL	4.5 mg/kg total or 300 mg	>5 mg/kg associated with serious toxicity																								
			*Avoid NSAIDs in renal dysfunction, PUD, CHF, < 6 mo of age, >20 wks pregnant. Use with caution in elderly and those with cardiovascular risks. Give with food. For pediatrics, do not exceed adult dosage.				*Use MOST concentrated form available with atomizer. Limit 1 mL/nare. Ketamine in separate table.																				
			Lidocaine for renal colic: 1.5 mg/kg IV (Max 200 mg) in 100 mL NS over 10-15 min. Cardiac monitoring preferred.																								
			Contraindications: Pregnancy, cardiac arrhythmias, CAD, age >65 yo, hepatic/renal failure, epilepsy, Amide allergy																								

PANEL B

Pain Management and Dosing Guide

Nerve Blocks, Ketamine & More!

PANEL D

Nerve Blocks					
Type of Block	General Distribution of Anesthesia				
Interscalene Plexus Block	Shoulder, upper arm, lateral 2/3 clavicle				
Supraclavicular Plexus Block	Upper arm, elbow, wrist and hand				
Infraclavicular Plexus Block	Upper arm, elbow, wrist and hand				
Axillary Plexus Block	Forearm, wrist and hand. Elbow if including musculocutaneous nerve				
Median Nerve Block	Anterior forearm, lateral hand and digits 1-4 ½				
Radial Nerve Block	Lateral arm, posterior forearm, dorsal hand, digits 1-4 ½				
Ulnar Nerve Block	Medial Forearm, medial hand and digits 4 ½ to 5				
Femoral Nerve Block	Anterior thigh, femur, knee and medial leg distal to the knee				
Popliteal Nerve Block	Posterior lateral leg distal to knee, ankle and foot				
Tibial Block	Plantar surface of foot				
Superficial Peroneal Block	Dorsal surface of foot				
Deep Peroneal Block	Web space between 1st and 2nd toes				
Saphenous Nerve Block	Distal medial thigh, medial knee, medial ankle and medial foot				
Sural Nerve Block	Lateral ankle and foot				

Local Anesthetics [†]	Onset	Duration without Epi (h)	Duration with Epi (h)	Max Dose without Epi, mg/kg	Max Dose with Epi, mg/kg
Lidocaine (1%)	Rapid	0.5-2	1-6	4.5 (300 mg)	7 (500 mg)
Bupivacaine (0.5%)*	Slow	2-4	4-8	2.5	3
Mepivacaine (1.5%)	Rapid	2-3	2-6	5	7
2-Chloroprocaine (3%)	Rapid	0.5-1	1.5-2	10	15
Ropivacaine (0.5%)	Medium	3	6	2-3	2-3

*Most cardiotoxic †1% = 10mg/ml, 0.5% = 5mg/ml

Neuropathic Pain Medications		
Generic (Brand)	Starting dose	Max dose
Gabapentin* (Neurontin®)	300 mg PO QHS to TID	3600 mg/day
Pregabalin* (Lyrica®) [CV]	50 mg PO TID	600 mg/day**
SNRIs: Duloxetine (Cymbalta®)	30 mg PO daily†	60 mg/day**
Venlafaxine ER (Effexor XR®)	37.5 mg PO daily	225 mg/day
TCAS: Amitriptyline (Elavil®)	25 mg PO QHS	150 mg/day
Nortriptyline (Pamelor®)	25 mg PO QHS	150 mg/day

See labeling recommendations for dose titration. †30 mg daily for at least 7 days to decrease nausea
*Requires dose adjustment based on renal function **Varies depending on indication

Muscle Relaxer Pain Medications		
Generic (Brand)	Beginning dose	Max dose
Baclofen (Lioresal®)	5 mg PO TID	80 mg/day
Cyclobenzaprine (Flexeril®)	5 mg PO TID	30 mg/day
Tizanidine (Zanaflex®)	2 mg po q 6-8 h prn	36 mg/day
Methocarbamol (Robaxin®)	1-1.5 g PO TID to 4x/day x 48-72 h, then 500-750 mg PO TID; 1 g q 8 h IV	8 g/day (PO) 3 g/day IV
Diazepam (Valium®) [CIV]	Adult: 2-10 mg PO q 6-8 h; 5-10 mg IV/IM Ped: (>6 mos) 1 mg to 2.5 mg PO q 8 h prn; 0.04-0.2 mg/kg IV/IM q 2-4 h	Peds: 0.6 mg/kg/8h IV/IM to adult max

Ketamine (Ketalar®) Indications and Dosing	
Indications	Starting Dose
Procedural Sedation	IV: <u>Adult</u> 0.5-1.0 mg/kg; <u>Ped</u> 1-2mg/kg; IM: 4-5 mg/kg
Sub-dissociative Analgesia [^]	IV: 0.1 to 0.3 mg/kg, Max initial bolus 45 mg IM: 0.5-1.0 mg/kg; IN: 0.5-1.0 mg/kg
Excited Delirium Syndrome	IV: 1 mg/kg; IM: 4-5 mg/kg

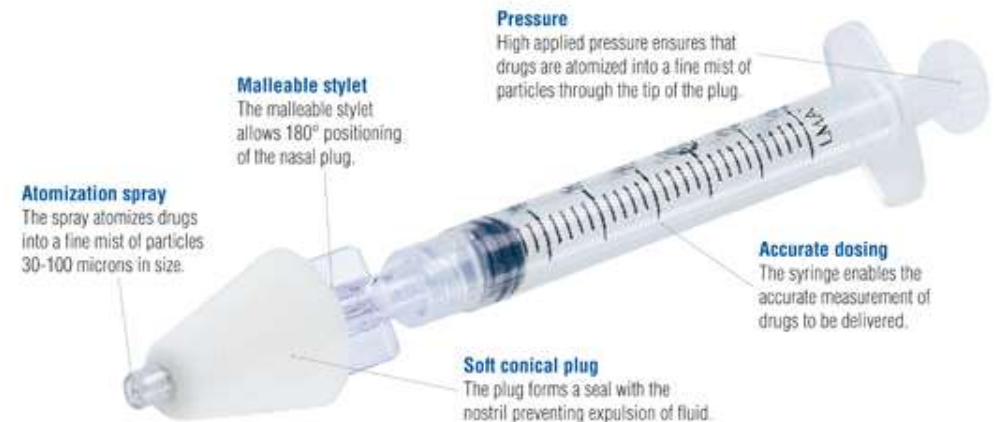
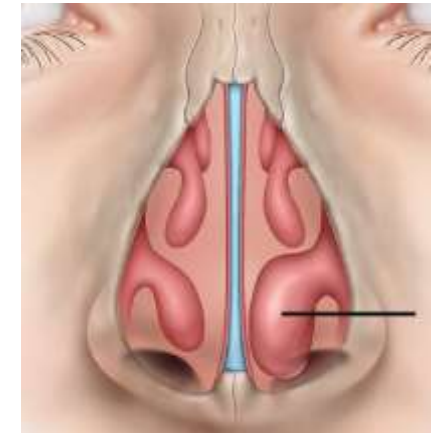
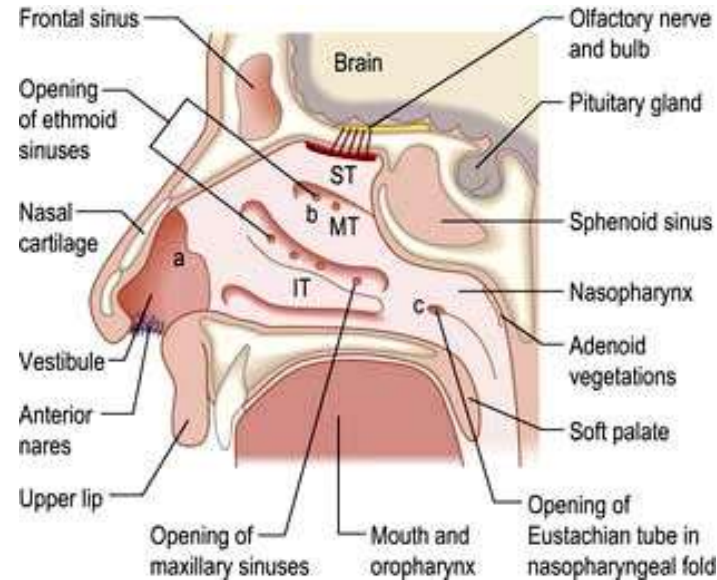
[^]Consider in opioid tolerant patients or those with contraindications to opioids. Administer IV over 10-15 minutes to minimize side effects. SQ dose same as IV. For IV-can dilute dose in 10 ml NS and administer as IV slow push over 5-10 min. Can also be given as a continuous infusion.

Intranasal Medications



- Use concentrated solution
 - Ketamine 50 mg/ml*
 - **Fentanyl 50 mcg/ml***
 - Midazolam 5mg/ml
- Use an atomizer
 - If > 1ml divide between nares
 - Aim spray toward turbinates/pinna
 - “Up and out towards top of ear”

*Rapid CSF levels



Elements of Pain Assessment



**Assess
physiologic
parameters**

**Perform
behavioral
observation**

**Question
the patient
+/- family**

**Use
standardized
assessment
tool**

Pain Assessment Scales



- There are different validated pain scales available for a variety of patient populations

- Pain scales fall into 2 general categories:
 - Observational-behavioral scales require provider to assess patient on multiple behaviors and rank them.
 - Self-report scales include selection of a face or color or number to represent pain.

Examples of Pain Scales

Pain Scales*	Verbal, Alert and Oriented	Non-verbal, GCS <15 or Cognitive Impairment
<u>Adult</u>	<ol style="list-style-type: none"> Verbal Numeric Scale (VNS)/ Numeric Rating Scale (NRS) Visual Analogue Scale (VAS) Defense and Veterans Pain Rating Scale (DVPRS) 	<ol style="list-style-type: none"> Adult Non-Verbal Pain Scale (NVPS) Assessment of Discomfort in Dementia (ADD) Behavioral Pain Scale (BPS) Critical-Care Observation Tool (CPOT)
<u>Pediatric</u>	<p>3 yo and older</p> <ol style="list-style-type: none"> Wong Baker Faces Oucher (3-12yrs) Numerical Rating Scale (NRS) (7-11yrs) <p>8 yo and older</p> <ol style="list-style-type: none"> Visual Analogue Scale (VAS) Verbal Numeric Scale (VNS)/ Numeric Rating Scale (NRS) 	<p>Birth – 6 mos</p> <ol style="list-style-type: none"> Neonatal Infant Pain Scale (NIPS) Neonatal Pain Assessment and Sedation Scale (N-PASS) Neonatal Facial Coding System (NFCS) CRIES <p>Infant and older</p> <ol style="list-style-type: none"> Faces, Legs, Activity, Cry, and Consolability (FLACC) or r-FLACC Non Communicating Children’s Pain Checklist (NCCPC-R) Children’s Hospital of Eastern Ontario Pain Scale (CHEOPS) (ages 1-7)

*This is a short list of pain scales. Determine which pain assessment tools are used by your agency or facility.

Pain Assessment Using Pain Scales

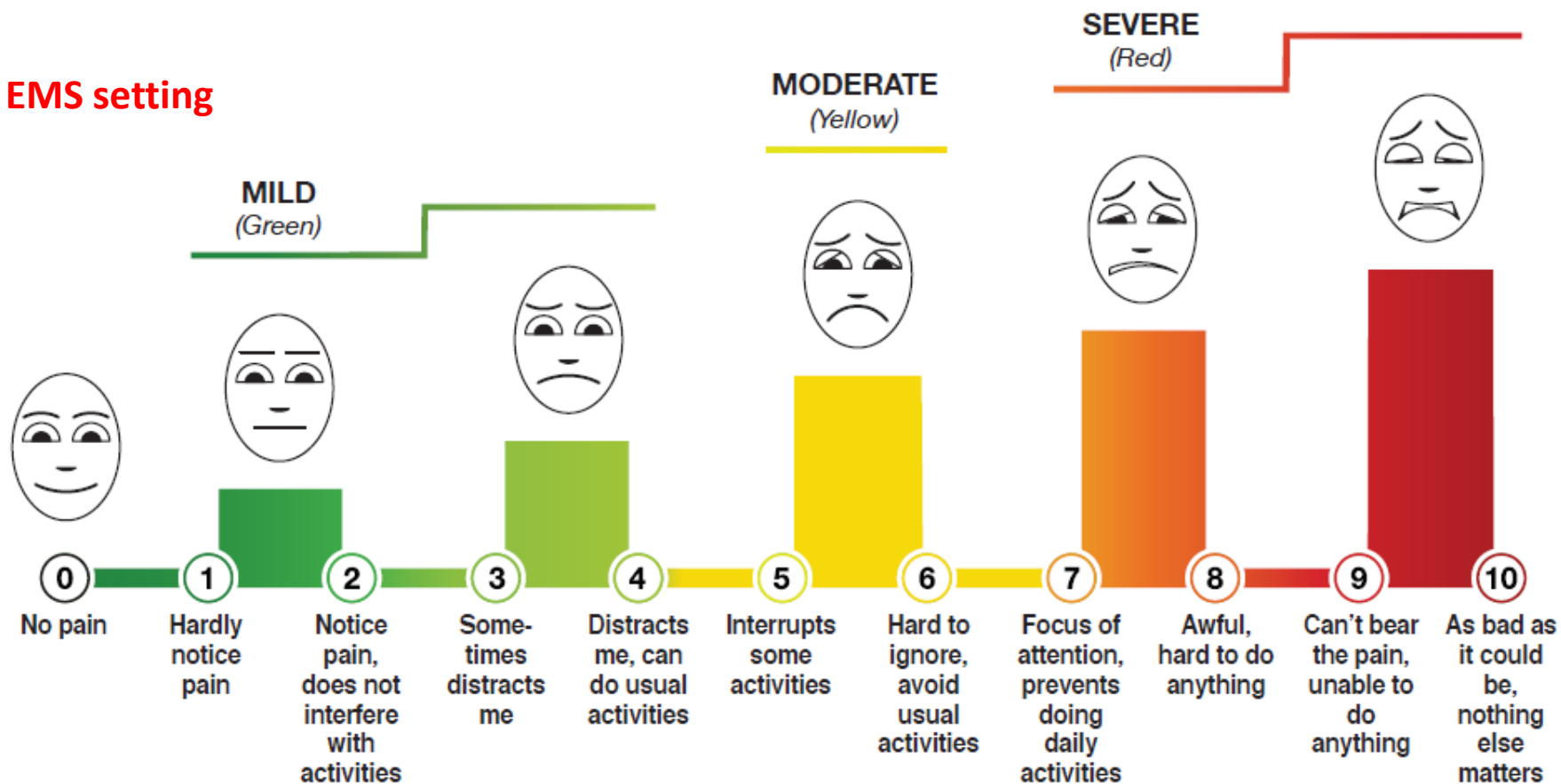
- Once a pain scale is chosen, interpretation of the score is not so straightforward.
 - Because of the subjective nature of standardized pain scales, ***patient functionality*** may be the best indicator of pain intensity.
- Pain scales **DO NOT** take into account patient genetics, past experiences, comorbidities, or other pain influencing factors.
- In patients with preexisting pain, it is important to determine their baseline pain level.
- **What scales do you use?**

ADULT SELF-REPORTING

Look at the “Defense and Veterans Pain Rating Scale” and read the descriptions under each number.
Please rate the severity of your **CURRENT PAIN**.

Defense and Veterans Pain Rating Scale

Not validated in EMS setting



DVPRS Supplemental Questions

For clinicians to evaluate the biopsychosocial impact of pain

1. Circle the one number that describes how, during the past 24 hours, pain has interfered with your usual ACTIVITY:

0  1  2  3  4  5  6  7  8  9  10
Does not interfere *Completely interferes*

2. Circle the one number that describes how, during the past 24 hours, pain has interfered with your SLEEP:

0  1  2  3  4  5  6  7  8  9  10
Does not interfere *Completely interferes*

3. Circle the one number that describes how, during the past 24 hours, pain has affected your MOOD:

0  1  2  3  4  5  6  7  8  9  10
Does not affect *Completely affects*

4. Circle the one number that describes how, during the past 24 hours, pain has contributed to your STRESS:

0  1  2  3  4  5  6  7  8  9  10
Does not contribute *Contributes a great deal*

*Reference for pain interference: Cleeland CS, Ryan KM. Pain assessment: global use of the Brief Pain Inventory. Ann Acad Med Singapore 23(2): 129-138, 1994. v2.1

DVPRS Supplemental Questions, please rate how pain has interfered for the past 24 hours

PEDIATRIC SELF-REPORTING

Wong-Baker FACES® Pain Rating Scale



0

**No
Hurt**



2

**Hurts
Little Bit**



4

**Hurts
Little More**



6

**Hurts
Even More**



8

**Hurts
Whole Lot**



10

**Hurts
Worst**

©1983 Wong-Baker FACES Foundation. www.WongBakerFACES.org
Used with permission.

Instructions for Usage

Explain to the person that each face represents a person who has no pain (hurt), or some, or a lot of pain.

Face 0 doesn't hurt at all. Face 2 hurts just a little bit. Face 4 hurts a little bit more. Face 6 hurts even more.

Face 8 hurts a whole lot. Face 10 hurts as much as you can imagine, although you don't have to be crying to have the worst pain.

Ask the person to choose the face that best depicts the pain they are experiencing.

Non-verbal, GCS <15 or Cognitive Impairment

FLACC Scale²		0	1	2
1	Face	No particular expression or smile.	Occasional grimace or frown, withdrawn, disinterested.	Frequent to constant frown, clenched jaw, quivering chin.
2	Legs	Normal position or relaxed.	Uneasy, restless, tense.	Kicking, or legs drawn up.
3	Activity	Lying quietly, normal position, moves easily.	Squirming, shifting back and forth, tense.	Arched, rigid or jerking.
4	Cry	No crying (awake or asleep).	Moans or whimpers; occasional complaint.	Crying steadily, screams or sobs, frequent complaints.
5	Consolability	Content, relaxed.	Reassured by occasional touching, hugging or being talked to, distractible.	Difficult to console or comfort.

PEDIATRIC AND ADULTS UNABLE TO SELF-REPORT

(REVISED) FLACC Scale SCORING

Categories	0	1	2
Face	No particular expression or smile.	Occasional grimace or frown, withdrawn, disinterested, sad, appears worried.	Frequent to constant quivering chin, clenched jaw, distressed looking face, expression of fright/panic.
Legs	Normal position or relaxed; usual tone and motion to limbs.	Uneasy, restless, tense, occasional tremors.	Kicking, or legs drawn up, marked increase in spasticity, constant tremors, jerking.
Activity	Lying quietly, normal position, moves easily, regular, rhythmic respirations.	Squirming, shifting back and forth, tense, tense/guarded movements, mildly agitated, shallow/splinting respirations, intermittent sighs.	Arched, rigid or jerking, severe agitation, head banging, shivering, breath holding, gasping, severe splinting.
Cry	No cry (awake or asleep).	Moans or whimpers: occasional complaint, occasional verbal outbursts, constant grunting.	Crying steadily, screams or sobs, frequent complaints, repeated outbursts, constant grunting.
Consolability	Content, relaxed.	Reassured by occasional touching, hugging, or being talked to: distractible.	Difficult to console or comfort, pushing caregiver away, resisting care or comfort measures.

Each of the five categories (F) Face; (L) Legs; (A) Activity; (C) Cry; (C) Consolability is scored from 0-2, which results in a total score between zero and ten.

PAMI 3 Hour Pilot Course (2017)

New Approaches to Pain Agenda



8:30-9:00: Registration

9:00-10:00: Basics of ED and EMS Pain Management

- Opening Pediatric and Adolescent Case Scenarios
- Background of Pain Management in ED and EMS
- PAMI Stepwise Approach to Pain Management
- Responses to Pain by Developmental Stage
- Overview of Pharmacologic Pain Management
- Question & Answer

10:00-11:00: Nonpharmacologic Pain Management

- Conversation and Therapeutic Language
- Coaching and Preparation
- Psychological and Cognitive Behavioral

Interventions

- Physical/Sensory Interventions
- Distraction Toolbox Development

11:00-11:15: Break and Distribution of Distraction Toolboxes

11:15-12:15: Putting It All Together-Program Implementation, Resources and Evaluation

- Case Scenario Discussion
- Educational Resources, Supplies and Videos
- Implementation in your Community
 - EMS Week
- Community Resources and Networking Opportunities
- Feedback and Questions
- Name This Course

Distraction Toolbox Components

LED keychains



Glitter iSpy wand



Rubik's cube

Hot/cold packs



DistrACTION Cards



Pacifier &
Sucrose
Water

Distraction Toolbox Components

Stress Balls



Stickers



Lighted & motion toy



Wikki Stix



Liquid-in-motion



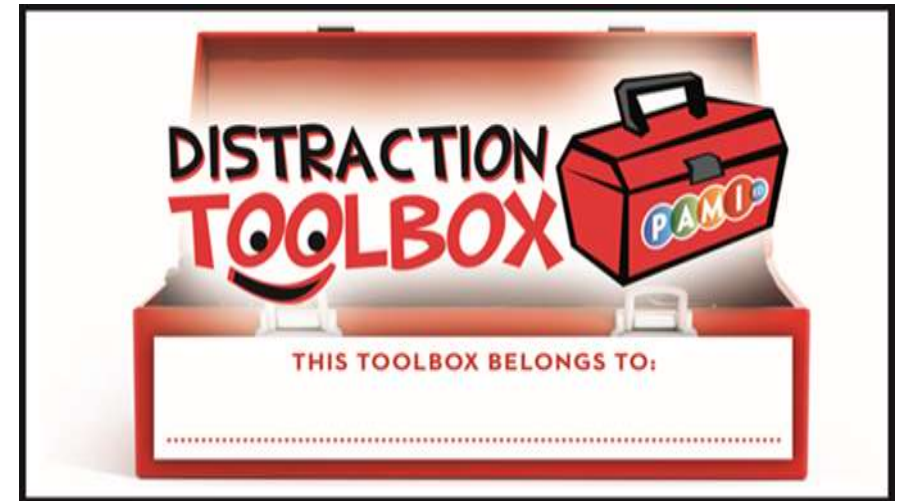
Buzzy – cold, numbing, vibrating



Mad Libs



Alachua County Fire Rescue distraction toolbox project (Sarah Weed)





CONTACT US

Phone: 904-244-4986

Email: pami@jax.ufl.edu

Website: pami.emergency.med.jax.ufl.edu



Search us using:
@ufpami

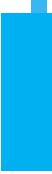
Florida EMSC Advisory Committee

Safe Pediatric Transport Working Group

Goals:

- Develop a position statement
- Develop a sample policy
- Develop an educational tool





Background

30 million Emergency calls a year



10% are pediatric transports



6.2 million Transports a year

Crash Data

AMBULANCE CRASH DATA

2010-2019



5,954

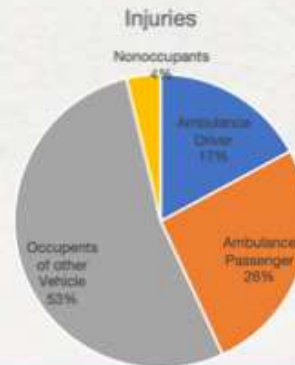
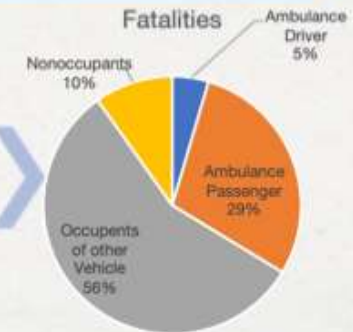
MVC involving Ambulances a year

25%

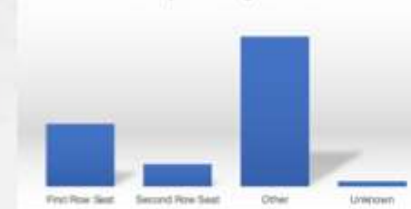
Resulted in Injury

25

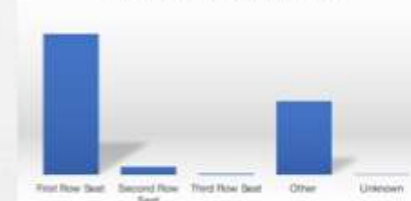
People killed a year



Fatality Seating Location



Injuries Seating Location



*Other seating position includes passengers in 5th rows, in cargo areas, or riding on vehicle exterior.

This report was generated by NCSA's Information Services.

Team, DRID; CATS# 2022.0000052; AMB CRASHES FATS 2010-2019.SAS; LS; 02/25/2022 2:35 PM

Florida EMS for Children

Safe Transport Position Statement



The Florida EMS for Children Advisory Committee is comprised of state pediatric, emergency, trauma, and EMS professionals; in addition to family advocates with a mission to enhance pediatric readiness in EMS agencies, emergency departments, inter-facility transports, and prevention programs.

FL EMS-C and Florida PedReady Goals for Pediatric Transportation

- All infant and pediatric patients should be transported using a commercially manufactured, appropriate sized, pediatric restraint device
- EMS and Fire personnel education regarding safe transport should be conducted through a variety of educational methods in order to understand restraint guidance and select devices
 - FL EMSC *Safe Transportation of Pediatric Patients* online training resource
 - Hands-on Training
 - Community Education
- Agencies are encouraged to implement a safe pediatric transport Standard Operating Procedure (SOP) or protocol

Endorsed by:



Background

Estimates suggest that ground EMS responds to approximately 30 million emergency calls each year. Approximately 6.2 million patient transport ambulance trips occur annually, of which approximately 10 percent of those patients are children. Insurance companies report that approximately 10,000 ambulance crashes result in injury or death each year. Estimates suggest that up to 1,000 ambulance crashes involve pediatric patients each year.¹

_____ is committed to the goal of establishing an evidence-based policy for safely transporting children by ambulance. Such a policy would ensure a safer environment for the patients who rely on _____ to act on their behalf. Safe ambulance transport should be considered as a standard of care by _____ and equivalent to maintaining an open airway, adequate ventilation and the maintenance of cardiovascular circulation.²

Purpose

To ensure safe transport of ill and injured neonatal/pediatric patients in the care of _____.

Policy

All neonatal/pediatric patients shall be transported using a pediatric restraint device approved by the Medical Director. These include the following:

- *Insert agency specific product*

It is never appropriate to transport a neonatal/pediatric patient in any of the following ways:

- Unrestrained
- On someone's lap (this includes babies born in the field);
- Only using horizontal stretcher straps if the patient does not fit in the shoulder straps;

1. Working Group Best-Practice Recommendations for the Safe Transport of Children in Emergency Ground Ambulances (NHTSA, September 2012). [nhtsa.gov/staticfiles/nti/pdf/811677.pdf](https://www.nhtsa.gov/staticfiles/nti/pdf/811677.pdf)
2. Safe Transport of Children by EMS: Interim Guidance (NAEMSO, March 2017). [nasemso.org/wp-content/uploads/Safe-Transport-of-Children-by-EMS-InterimGuidance-03Mar2017.pdf](https://www.nasemso.org/wp-content/uploads/Safe-Transport-of-Children-by-EMS-InterimGuidance-03Mar2017.pdf)



Safe Transport

Keeping our pediatric patients safe

By: Florida EMS for Children Florida



Objectives

1

Identify risks involved with transporting pediatric patients

2

Identify resources available for restraint of the pediatric patient

3

Learn about National Highway and Transportation Safety Administration's (NHTSA) efforts to improve child safety and their specific guidelines for ambulances

4

Identify developmental age distractions for separation and securement of the pediatric patient.

Pediatric EMS literature

Please email Florida pediatric EMS and ED related publications to pedready@jax.ufl.edu

Pediatric Bradycardia is Undertreated in the Prehospital Setting: A Retrospective Multi-agency Analysis by *Andrew Hanna*, Remle P. Crowe, Jennifer N. Fishe

<https://www.tandfonline.com/doi/full/10.1080/10903127.2021.2018075>

Background: Bradycardia is the most common terminal cardiac electrical activity in children, and early recognition and treatment is necessary to avoid cardiac arrest. Interventions such as oxygen, chest compressions, epinephrine, and atropine recommended by American Heart Association (AHA) Pediatric Advanced Life support (PALS) guidelines have been shown to improve outcomes (including higher survival rates) for inpatient pediatric patients with bradycardia. However, little is known about the epidemiology of pediatric prehospital bradycardia. We sought to investigate the incidence and management of pediatric bradycardia in the prehospital setting by emergency medical services (EMS).

Methods: This was a retrospective study of 911 scene response prehospital encounters for patients ages 0–18 years in 2019 from the United States ESO Research Data Collaborative. We defined age-based bradycardia per the 2015 AHA PALS guidelines. We performed general descriptive statistics and a univariate analysis examining any PALS-recommended interventions in the presence of altered mental status, hypotension for age, and a first heart rate less than 60.

Results: Of 7,422,710 encounters in the 2019 ESO Data Collaborative, 1,209 patients met inclusion criteria. Most (58.5%) were male, and the median age was 2 years (interquartile range 0–13 years). One-quarter (24.7%) of patients received fluids, and bag-valve mask ventilation was the most common airway intervention (12.1% of patients). Receipt of any PALS-recommended interventions was associated with age-adjusted hypotension (odds ratio (OR) 4.0, 95% confidence interval (CI) 3.9–5.4) and altered mental status (OR 15.5, 95% CI 10.7–22.3), but not a first heart rate less than 60 bpm (OR 0.9, 95% CI 0.6–1.1).

Conclusions: To our knowledge, this study is the first to examine the incidence and management of prehospital pediatric bradycardia. Incidence was rare, but adherence to PALS guidelines was variable. Further research and education are needed to ensure proper prehospital treatment of pediatric bradycardia.

7,422,710

- Patient encounters in ESO 2019 Research Data Collaborative

6,780,966

- 911 responses only

402,530

- 0 - 18 years of age
- No missing age

235,777

- Treated & transported by EMS

227,597

- With at least two heart rates recorded

4,744

- At least one heart rate bradycardic for age*

1,209

- Initial heart rate not less than 10 bpm
- AND at least two heart rates are bradycardic for age*

RESULTS

Patient Characteristics	N (%)
Male Sex	708 (58.5%)
Race	
White	618 (51.1%)
Black	348 (28.8%)
Other	138 (11.4%)
Unknown	30 (2.5%)
Ethnicity	
Not Hispanic or Latino	855 (70.7%)
Hispanic or Latino	145 (12.0%)
Age (years)	
Median (Interquartile Range)	2 (0-13)
PALS Age Category (years)	
<1	326 (27.0%)
1-2	287 (23.7%)
3-5	116 (9.6%)
6-11	153 (12.6%)
12-18	327 (27.1%)

EMS Encounter Characteristics	N (%)
Unit Level of Care	
ALS	952 (78.7%)
BLS	65 (5.4%)
Scene Location	
Home/Residence	659 (54.5%)
Outpatient Medical Facility	150 (12.4%)
Street or Highway	131 (10.8%)
Other	211 (17.5%)
CMS Urbanicity Category	
Rural	197 (16.3%)
Urban / Suburban	1,010 (83.6%)
EMS Provider Primary Impression Category	
Trauma	210 (17.4%)
Neurologic/Seizure/AMS	197 (16.3%)
Respiratory	165 (13.6%)
Cardiac	142 (11.7%)
Abdominal Pain	66 (5.4%)
Syncope	63 (5.2%)
Other	360 (29.8%)
EMS Scene Time in minutes, Median (IQR)	12.5 (8-18.3)
EMS Transport Time in minutes, Median (IQR)	13.0 (8-20.3)

RESULTS

Select Medications & Procedures	N (%)
Medications Administered (Total Patients N=769)	
Epinephrine	423 (55%)
Bronchodilator	63 (8.2%)
Opioid	44 (5.7%)
Naloxone	41 (5.3%)
Sodium bicarbonate	27 (3.5%)
Atropine	15 (2.0%)
Patients with Fluids Administered	299 (24.7%)
Airway Procedures Performed	
Supraglottic Airway	31 (2.6%)
Endotracheal Tube	91 (7.5%)
Bag-valve mask ventilation	146 (12.1%)
Blow-by oxygenation	29 (2.4%)
Non-rebreather oxygenation	61 (5.0%)
Nasal cannula oxygenation	35 (2.9%)
Non-Airway Procedures Performed	
IV attempts / successful / unique patients	565 / 391 / 411 (34.0%)
IO attempts / successful / unique patients	178 / 143 / 146 (12.1%)
Blood Glucose Measurement	19 (1.6%)
Electrocardiogram	462 (38.2%)
Online Medical Direction	102 (8.4%)
Defibrillation	18 (1.5%)
Pacing	1 (<1%)
CPR	171 (14.1%)

Any PALS Intervention	Hypotension			Any PALS Intervention	AMS			Any PALS Intervention	Initial HR < 60		
	No	Yes			No	Yes			No	Yes	
No	567	95	662	No	479	183	662	No	372	290	662
Yes	174	116	290	Yes	42	248	290	Yes	174	116	290
	741	211	952		521	431	952		546	406	952
Chi square p value < 0.0001				Chi square p value < 0.0001				Chi square p value = 0.27			
OR 4.0, 95% CI 2.9-5.5				OR 15.5, 95% CI 10.7-22.3				OR 0.9, 95% CI 0.6-1.1			

AMS = altered mental status, defined as Glasgow Coma Score less than 15

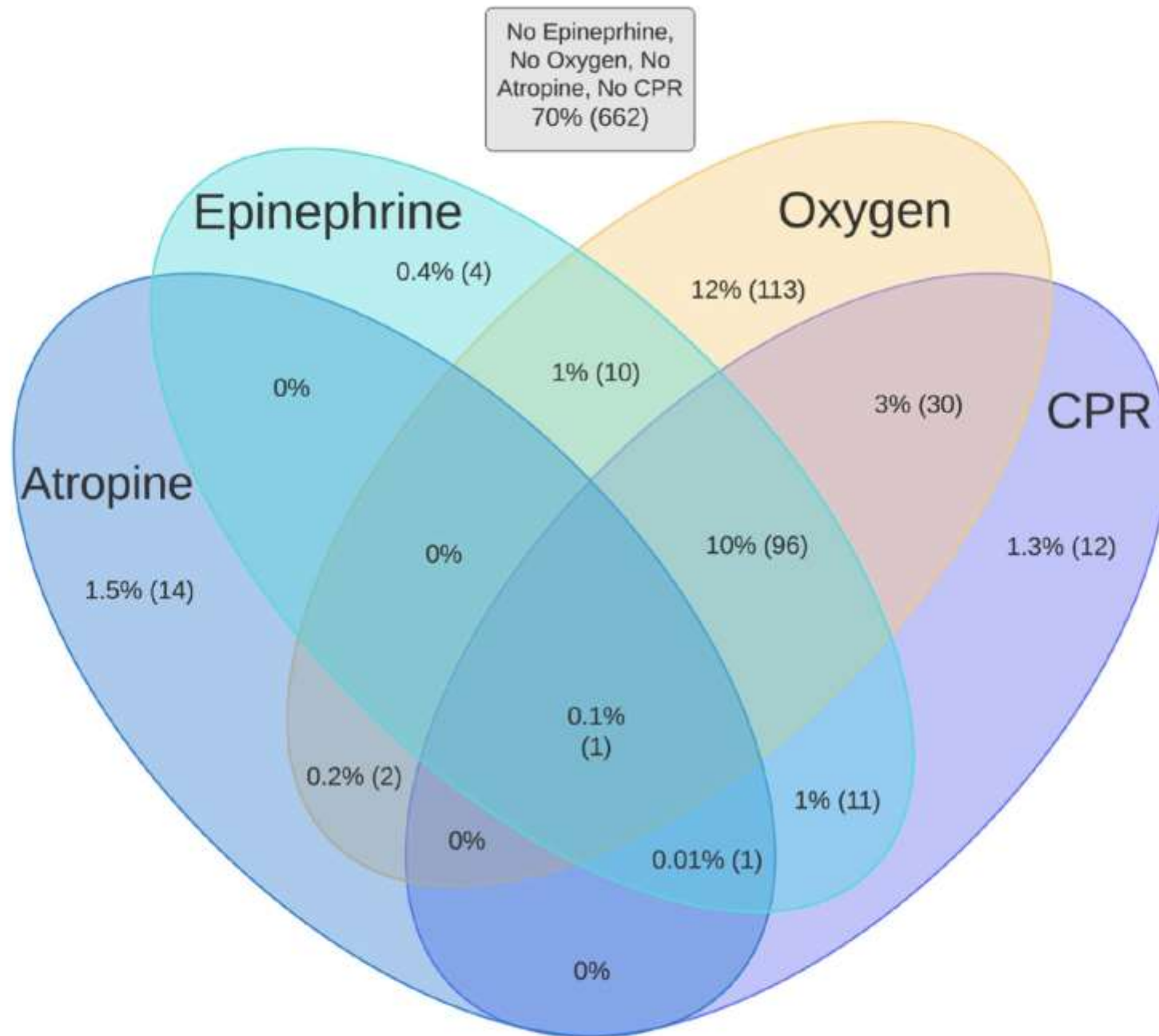


Figure 2. Venn diagram of EMS-administered treatments to prehospital pediatric patients with bradycardia (total N = 952). Note: Oxygen defined as any administration of supplemental oxygen via the following devices: endotracheal tube, supraglottic airway, bag-valve mask device, non-rebreather mask, nasal cannula, or blow-by.

Discussion

- YOUNG MEDIAN AGE
- MAJORITY CARED FOR BY ALS
- 54% WITH HYPOTENSION RECEIVED PALS INTERVENTIONS
- 57% WITH AMS RECEIVED PALS INTERVENTIONS
- ONLY 769 PATIENTS RECEIVED ANY MEDICATIONS
- AGE-ADJUSTED HYPOTENSION AND GCS < 15 SIGNIFICANTLY ASSOCIATED WITH ANY PALS INTERVENTION, BUT NOT INITIAL HEART RATE LESS THAN 60 BPM

Because they **breathe in more air for their size** than adults, children **absorb harmful materials from the air** more readily.



Because they **spend more time outside**, are **lower to the ground**, and they **put their hands in their mouths** more often than do adults.



Children
are more
vulnerable in
emergencies

Because they **need vaccines, medicines, and specially designed equipment for emergency situations** that are **different from adults**.



Because they **may not be able to communicate their symptoms or feelings**.



Pediatric Disaster and Mental Health

Pediatric **Disaster** and Mental Health

June 6, 2022, Homeland Security for Children Act signed which requires Department of Homeland Security to ensure needs of children are considered in homeland security planning. The act directs FEMA to identify and integrate the needs of children into all emergency preparation, protection, response and recovery activities dealing with natural and man-made disasters as well as terrorist actions.

Creates a new position of Children's Technical Expert within FEMA

Space Aliens – Emergency Management Roles & Responsibilities:

<https://www.domesticpreparedness.com/preparedness/space-aliens-emergency-management-roles-responsibilities/>

JumpSTART badge buddies

<https://emlrc.org/wp-content/uploads/JumpSTART-badge-buddy-2021-v2.pdf>

EIIC Pediatric Disaster Toolkit: Is your disaster plan pediatric ready?

(Nasca and Jean-Jacques working group members)

https://media.emscimprovement.center/documents/EIICDisasterChecklist_2022.04.11.pdf

Disaster communication cards for pediatric decontamination (R Ritola)

Disaster Committee report

START Modified ADULT

(size, + 2° sex characteristics)

Move the Walking Wounded	MINOR
No Respirations after Head Tilt	EXPECTANT

CONTROL BLEEDING

Respiratory Distress (> 30/min)	IMMEDIATE
Perfusion (No Radial Pulse)	IMMEDIATE
Mental Status (Unable to Follow Commands)	IMMEDIATE
Normal RPM, Follows Commands	DELAYED

CONDUCT SECONDARY TRIAGE IN THE TREATMENT PHASE

FL MCI LEVELS

MCI Level 1: 5-10 victims
MCI Level 2: 11-20 victims
MCI Level 3: 21-100 victims

MCI Level 4: 100 -1000 victims
MCI Level 5: Over 1000 victims

July 2021

Over 4000
distributed

On PEDReady
website

IMMEDIATE	Red
DELAYED	Yellow
MINOR	Green
EXPECTANT	Black

JumpSTART Modified

(Newborn to Young Adult*)

Move the Walking Wounded	MINOR
No Respirations <u>and</u> No Peripheral Pulse	EXPECTANT
Respiratory Rate: > 45/min, < 15/min or †Work of Breathing, obvious distress	IMMEDIATE
No Respirations <u>with</u> Peripheral Pulse Give 5 Ventilations via Barrier Device Spontaneous Respirations Resume after 5 Ventilations	IMMEDIATE
No Spontaneous Respirations Resume after 5 Ventilations	EXPECTANT

CONTROL BLEEDING

Perfusion (No Palpable Pulse)	IMMEDIATE
Mental Status** Unresponsive or not localizing pain	IMMEDIATE
Alert, responds to voice, localizes pain	DELAYED

*Presence of 2° sex characteristics; **Consider developmental level
July 2021 with permission ©Lou E Romig MD. emlrc.org/flpedready/

CONDUCT SECONDARY TRIAGE IN THE TREATMENT PHASE

EIIC Pediatric Disaster Toolkit: Is your disaster plan pediatric ready?

- Nasca and Jean-Jacques working group members, draft input by FL EMSCAC members

https://media.emscimprovement.center/documents/EIICDisasterChecklist_2022.04.11.pdf



TABLE OF CONTENTS	
Overview.....	3
New Domain.....	3
Progressive Categories of Recommendations: A Key Modification.....	3
Implementation.....	4
Acknowledgement & Disclaimer.....	4
Suggested Citation.....	4
Questions & Feedback.....	4
References.....	4
Contributors.....	5
Editors.....	5
Authors.....	6
Domain 1: Pediatric Disaster Care Coordination.....	7-8
Domain 2: Regional Coalition Building.....	9-12
Domain 3: Pediatric Surge Capacity.....	13-15
Domain 4: Triage, Infection control, and Decontamination.....	16-17
Domain 5: Evacuation.....	18-19
Domain 6: Pediatric Patient Tracking & Family Reunification.....	20-22
Domain 7: Legal and Ethical Considerations.....	23-26
Domain 8: Behavioral Health.....	27-29
Domain 9: Children and Youth with Special Health Care Needs.....	30-31
Domain 10: Exercises, Drills, and Training.....	32-33
Domain 11: Recovery and Resiliency.....	34-36

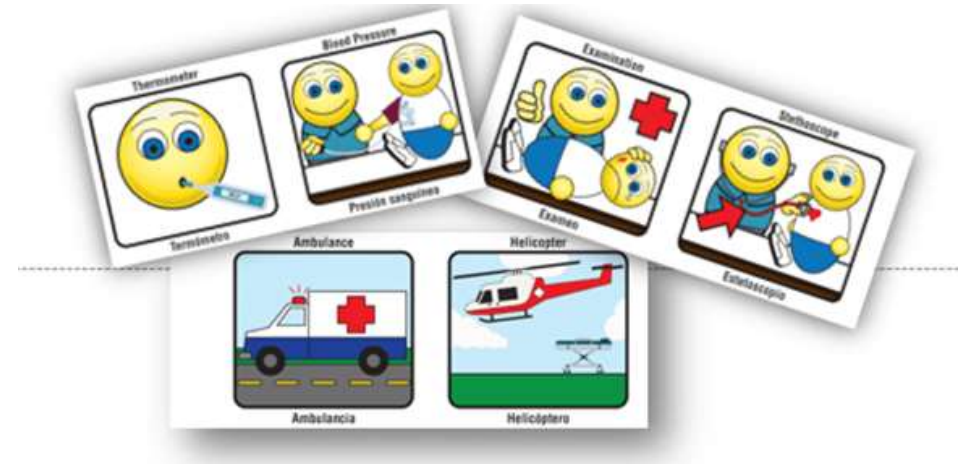
DOMAIN 4: TRIAGE, INFECTION CONTROL, AND DECONTAMINATION

Preparing for the initial stages of a disaster response including triaging and decontamination is essential in an effective disaster response and there are several necessary considerations unique to the pediatric population.

	FOUNDATION	INTERMEDIATE	ADVANCED
Pediatric infectious disease, chemical or biological exposure suspected	<ul style="list-style-type: none"> ○ Identify a separate triage area and entrance away from other ED patients for both infectious and/or chemical exposure concerns. ○ Ensure adequate PPE (gown, gloves, mask (including N95 for airborne or PAPR)) is easily available to staff. ○ Establish a relationship with a regional pediatric center and/or pediatric infectious disease specialist for consultation as needed ahead of time. 	<ul style="list-style-type: none"> ○ Establish an isolation area for infectious disease exposures/concerns (ideally negative pressure areas for all airborne disease: measles, TB, SARS, MERS, COVID, Ebola) ○ Enforce a Limited Visitor Policy, allowing for one parent/guardian with a child. ○ If a negative pressure room is not available, identify a space with doors that will remain closed. ○ Secure pediatric PPE including disposable pediatric-sized face masks. 	<ul style="list-style-type: none"> ○ Set up appropriate PPE donning/doffing stations outside of all rooms ○ Establish washing/shower areas in or next to isolation rooms
Decontamination	<ul style="list-style-type: none"> ○ Establish a basic contamination process if no decontamination area is available: <ul style="list-style-type: none"> • Disrobe patient • Wipe down skin • Irrigate eyes • Provide clean patient gowns/blankets ○ Keep families together when possible and allow parents to wash children. ○ Be mindful that children are at risk of hypothermia and have towels/dry clothes ready for children. 	<ul style="list-style-type: none"> ○ Establish a dedicated decontamination area with specific pediatric considerations. ○ Ensure staff is available to direct patients to the decontamination area. ○ Develop a plan to move small/immobile children through showers as they are a fall risk. Do not hold child. Consider using a laundry basket/bassinet/other safe way of moving a child through the shower. ○ Aim for a 3–6 minute shower with a water temperature of between 98–110oF (to avoid hypothermia) and max water pressure of 60 psi (to avoid damage to skin). 	<ul style="list-style-type: none"> ○ Protect modesty when possible, including separating sexes other than family members with curtains. ○ Provide same-sex staff member to help when family not available ○ Provide modesty covers to patients immediately after showering
Process for disinfection of communally available toys in the facility	<ul style="list-style-type: none"> ○ Wipe down all toys and shared objects with bleach wipes or disinfectant wipes after every use regardless of patient chief complaint 		

Pediatric Disaster

- Communication cards for disaster communication during a pediatric decontamination (R Ritola)
- Disaster Committee updates



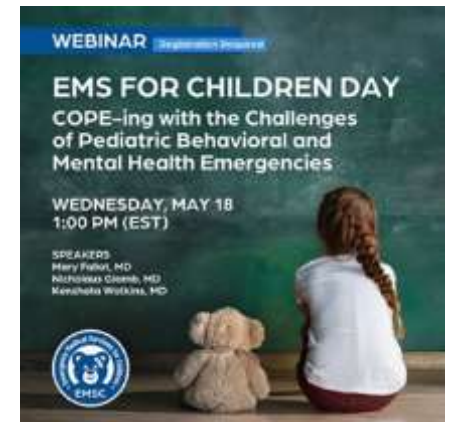
Pediatric Disaster and **Mental Health:** EICC National Resources

Pediatric suicide screening tools and mental health care resources for prehospital professionals, ED, patients, and families: [PEAK: Suicide](#) and the [New England Regional Behavioral Health Toolkit](#).

EMSC Day webinar, "*COPE-ing with the Challenges of Pediatric Behavioral and Mental Health Emergencies*." Led by Drs. Nicolaus Glomb, Kenshata Watkins, and Mary Fallat explored prehospital behavioral health emergency management and the Compassionate Options for Pediatric EMS or "COPE" program that provides debriefing tools for EMS after challenging pediatric calls.

<https://emscimprovement.center/domains/prehospital-care/ems-week/webinars/>

[EMSC Day 2022 Webinar Slides Reduced File Size.pdf](#)
(emscimprovement.center)



Children with Special Health Care Needs

- Children with Special Healthcare Needs (CSHCN or CYSHN) and autism-related projects

<https://emscimprovement.center/domains/preparedness/asprcoe/eglpcdr/cyshcn/>

- CSHCN STAR questions (previously presented by Advent Health – Robin Ritola / Chantelle Bennet Child Life Specialist)

STAR = Sensory, Tactile, Auditory, Rockstar.

How to adapt for EMS and share with other EDs and EMS

- STARS: Special Needs Tracking & Awareness Response System (N Shimko) <https://www.ssmhealth.com/cardinal-glennon/resources/health-professionals/stars-for-special-needs-kids>

Children with Special Healthcare Needs: STAR questions

Sensory, Tactile, Auditory, Rockstar (Advent Health)

In 2021, CDC reported 1 in 44 children in the U.S. is diagnosed with an autism spectrum disorder (ASD), according to 2018 data

Are there any safety concerns/behaviors to be aware of?

- Hurts/harms self (comment) Hurts/harms other (comment) Throws objects Biting
- Grabbing Head butting Kicking Pinching Pulling hair Swatting Scratching
- Elopement

How does the patient communicate best?

Verbal

- Making sounds Single word utterance Short phrases Echolalia (repeats others)
- Conversational Other (comment)

Non-Verbal

- American Sign Language (ASL) Tablet/Assistive communication device
- Typed/Written words Pictures/Symbols Facial Expressions
- Physical Motion (rocking, flapping, squeezing hands, etc.) Pointing/Gesturing
- Guiding/Leading by the hand

Unknown (free text comment)

Children with Special Healthcare Needs: STAR questions

Sensory, Tactile, Auditory, Rockstar (Advent Health)

What experiences may be upsetting to the patient?

- N/A
- Loud or unexpected noises Bright lights Touch to a specific part of body (free text) Specific words or phrases (free text) Unfamiliar people Waiting areas/waiting
- Family/Caregiver Departure Crowded or full rooms/ too many people in personal space Smells
- Food aversions Sound of crying babies Pain Textures/Fabrics Denying patient's requests
- Changes in routine Transitions NPO status Movement restriction Boredom Lack of attention Other (comment)

Children with Special Healthcare Needs: STAR questions

Sensory, Tactile, Auditory, Rockstar (Advent Health)

What procedures or healthcare experiences may be upsetting to the patient?

- Prolonged, lengthy visits
- Anesthesia or oxygen mask
- Stethoscope
- Blood Pressure Cuff
- Venipunctures/Needles
- Tourniquet
- Tape/Adhesive
- Exams to specific body parts (free text)
- Lying down
- Other (comment)

Best ways to calm the patient?

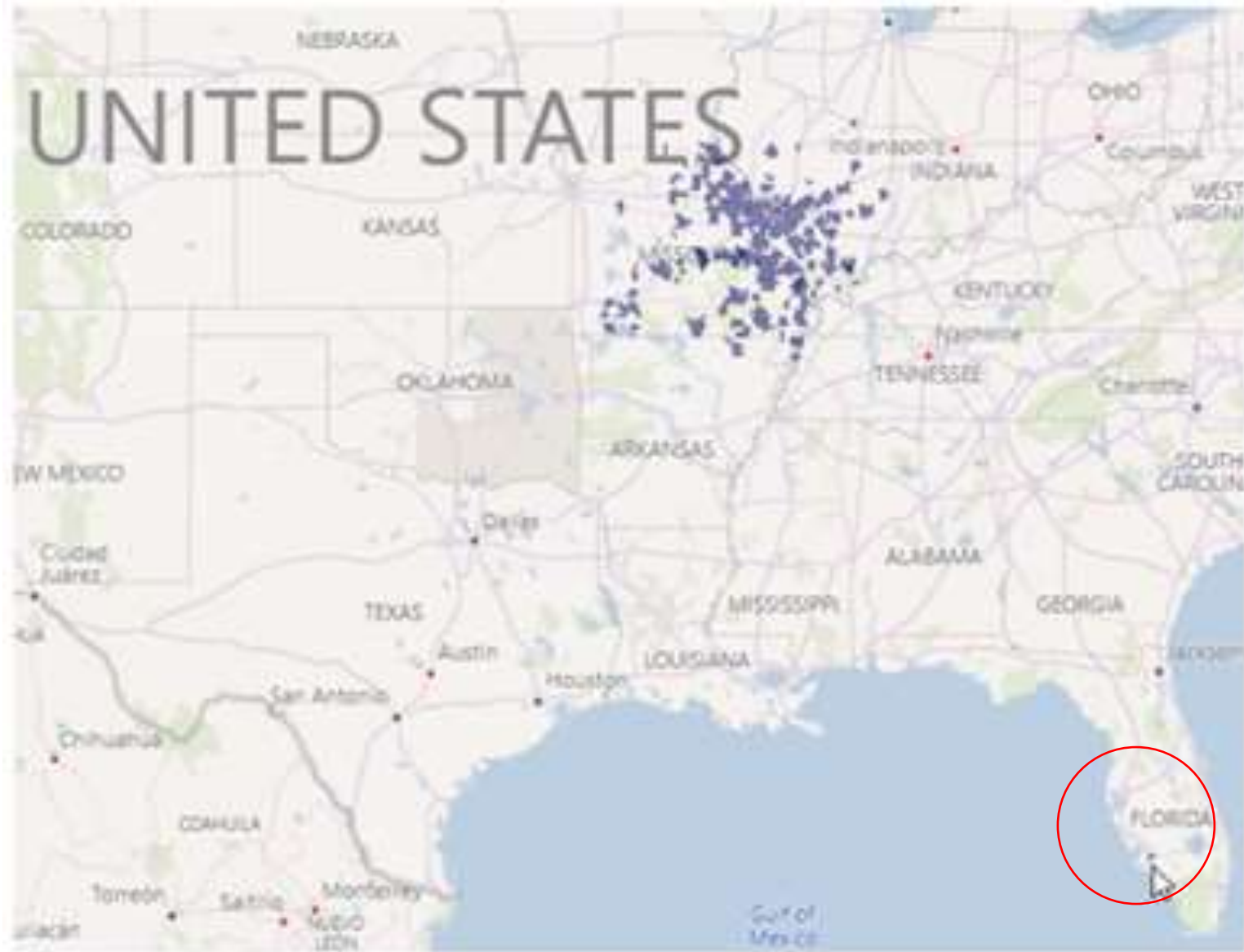
- Walking or exploring environment
- Decrease stimulation/number of people in the room
- Teether/Chewable item
- Low lighting/sunglasses
- Light up toys
- Headphones to decrease noise
- Soothing music
- Heavy mat/blanket
- Videos/movie
- Vibration toys
- Aromatherapy scents
- Comfort item (free text)
- Counting
- Talking
- Limited talking
- Showers
- Deep breathing
- Pressure
- Preferred caregiver
- Food
- Book/tablet
- Other (comment)

STARTS

A red St. Louis Fire Department truck is shown from a front-quarter view. The truck has "ST. LOUIS" written on its side and a circular logo with "ST. LOUIS" and "FD" inside. It features a black bull bar on the front and emergency lights on the roof. A large red starburst graphic is overlaid on the top right of the image, with the word "STARTS" in large white letters with a black outline. A thick red horizontal bar is positioned below the word "STARTS".

Special needs Tracking and Awareness Response System



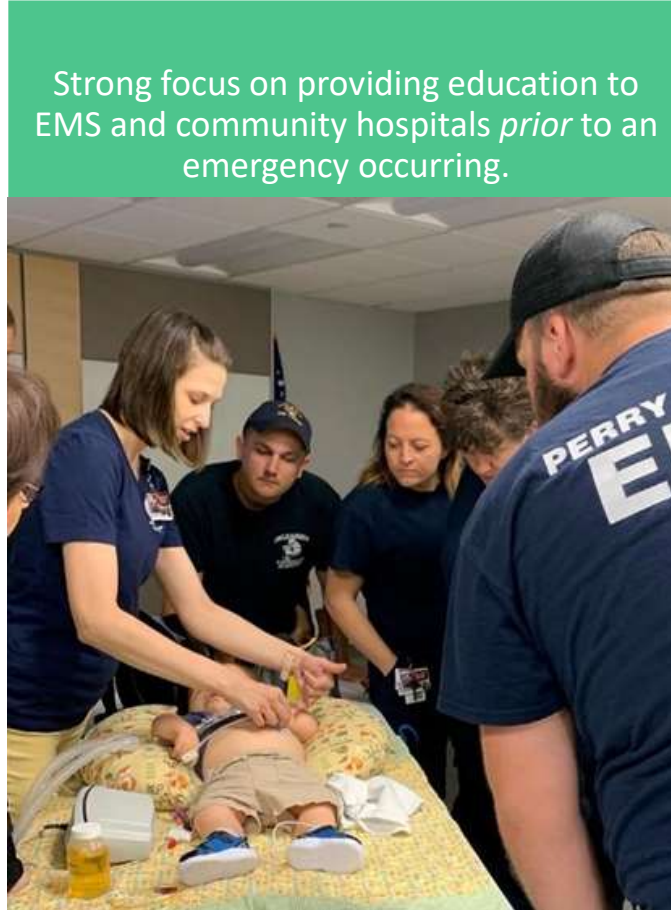


What *is* STARS?

A comprehensive, hospital based system that was created to improve emergency care for medically complex children.



Strong focus on providing education to EMS and community hospitals *prior* to an emergency occurring.



Emergency plans are housed electronically and created with the capabilities and limitations of EMS & community hospitals in mind.

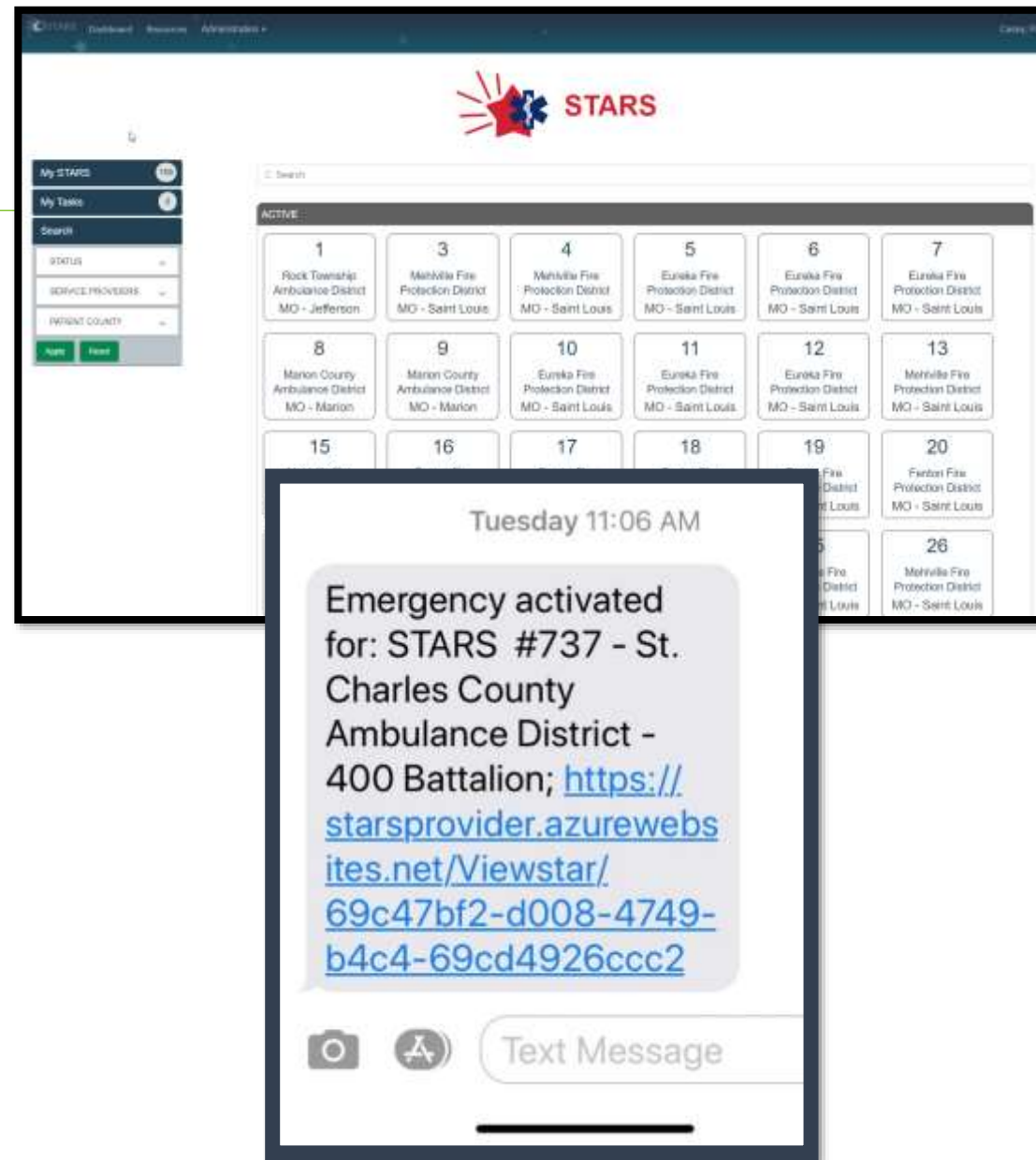
Plans include:

- Baseline VS
- Baseline neuro status
- Diagnosis and past procedure list
- Medication and allergy lists
- Medical equipment list with settings and sizes.
- Anticipated Emergencies and known treatment suggestions
- Caution notes
- Attachments: Specialty clinic care notes for ongoing care, current photos, equipment instructions, Advance directives, custodial documents and more.

The STARS Database



- Centralized, web-based system that houses living emergency information plans for medically complex pediatric patients.
- Plans are written and maintained by pediatric hospitals. EMS MDs serve as gate keepers to approve the plans before they are “live” in the system. This allows EMS MDs to review, approve or defer back any special treatment orders that may be included in the plan.
- When 911 is activated, children are identified as a “STARS Patient”
- Each child is identified by a STARS number. 911 dispatch centers access the system and can send the emergency plans to responding ambulances via a secure text link.
- Upon discharge or soon after, the patient/family will have a paper copy



STARS Plan Creation

STAR 1087

Print Edit Dispatch

HR 150 BP CR < 2 R 30 SpO2 96% TEMP 97.7

Do not assess blood ... With frequent drops ...

Advance Directive

DIAGNOSIS

1 Junctional Epidermolysis Bullosa
Junctional epidermolysis bullosa (JEB) is a severe form of epidermolysis bullosa, a group of genetic conditions that cause the skin to be very fragile and to blister easily. Blisters and areas of skin loss (erosions) form in response to minor injury or friction, such as rubbing or scratching.

ANTICIPATED EMERGENCIES

1 General care notes
Patient is under the care of Wings Hospice. Goals are to stay home with as much comfort as possible. Contact Wings Hospice to assist parents in decision making and for general guidance if necessary. Parents have the right to request transport or rescind the DNR status at any time. If transport is deemed necessary, please transport directly to Glennon if safe and utilize his car bed with sheep skinned lined straps to avoid injury from stretcher or regular car seat straps. To lift him, utilize the pillow or padding he is laying on instead of placing hands directly on his body.

2 Pain/ agitation
Consider calling Wings for guidance with assisting parents with home meds. If additional medications are needed and the intranasal route is used, do not push the MAD device into the nares to avoid causing tissue damage.

3 Respiratory Distress
Attempt to calm patient and provide high flow O2 via blow by. If suctioning for airway clearance, avoid the use of a hard yankaur and utilize a soft French catheter with care to

BASELINE FINDINGS

1 Awake with a weak cry, tends to leave mouth open. Multiple ulcerations present to the oral cavity, lips and nares. Stridor present with breathing, especially noticeable when agitated. Moves all extremities. Patient's condition is severe and progressive; large, blistering wounds are present throughout body with some necrosis to fingers.

CAUTIONARY NOTES

1 Patient has an out of hospital DNR

2 Skin integrity is extremely compromised. Avoid any procedure that would cause friction or pressure.
O2 should be delivered as blow by only. No nasal canula use. Do not place unnecessary monitoring equipment on skin that is not intact.

3 Mother speaks English. Father and some other family members may present with a language barrier (Farsi and Russian)

Task	Assigned To	Status	Outcome	Comments	Completed By	Completed Date
Stage 2 Care Plan Approval for STARS #1087	id.kou@starsprogram.org	Complete	Approved		id.kou@starsprogram.org	08/23/2021 07:57
Stage 1 Care Plan Approval for STARS #1087	elison.laffey@health.siu.edu	Complete	Approved		elison.laffey@health.siu.edu	08/23/2021 16:55

Referral

STARS Team Draft

STARS MD Review

EMS MD Approval

Live Plan + Training

Why?

- The AAP, ACEP, ATS, and EMSC all state that emergency forms should be created for children with special health care needs and that EMS should be familiar with the equipment and special needs of the children within their areas.
- Simply alerting EMS to a high risk child in the area or providing an emergency information form does not work.
- Poor outcomes, including death and neurological devastation have occurred due to inefficient emergency pre-planning.
- As pediatric champions, we need to stop accepting such an extreme decrease in safety measures when our fragile children leave our hospitals.
- **They matter.**



More than just emergency plans.

- Education + Call Reviews
- In-house and System Provider Meetings
- Ongoing QA & QI
- Disaster Planning
- Advocacy
- Tracking and data collection for population health



Don't be scared of my airway,
it's not so bad!

1 My Trach is the problem until proven otherwise! It can easily become plugged or dislodged and that's a life threat. This is my airway we're talking about!

Check patency and placement.
Make sure to check under the drain sponge or any skin folds in case the trach has slipped out of the stoma.

2 Supplemental O2 and Increased Support

If I'm on a ventilator, work with RT or consult my primary hospital for assistance. Remove me from the vent and assist with bag to trach if needed.
If I'm not on a vent, you need to remove any cap that may be on my tube before giving me supplemental O2.

3 Am I Improving?

If the suction catheter would not freely pass, or I am continuing to decline, I need an emergency trach change immediately! Ask my caregivers to assist if they are available. I should have an extra trach tube in my 'go bag' as well as a smaller one, just in case!

Step by Step

Trach Change Instructions:

First of all, relax!
My stoma had to be fully healed before I ever came home with my trach. I also have it changed routinely at home by my caregivers as a part of my normal care schedule.

- 1 Deflate the cuff first if I have one.
- 2 You can use an ETT directly into my stoma, if you absolutely have to.
- 3 Lay me back with my neck exposed, unfasten my ties, gently remove the old one then immediately replace it with a new tube. Remove the obturator, fasten my ties, ventilate and assess.

Helpful tips:

- Have my caregivers assist. They've done this many times.
- Using a towel roll under my shoulders may help with positioning.
- Lubrication can come in handy.

If you have difficulty recannulating:

- First and foremost, stop and ventilate me by other means if possible.
- If my "go bag" is there, try my smaller-sized emergency trach tube.
- If all else fails, use a smaller ETT in my stoma.

Rules:

Please listen to my caregivers.
They have been trained in both routine and emergency tracheostomy care. I must have working suction with appropriately sized French catheters at the bedside at all times. Someone who is trained in emergency tracheostomy care must be with me at all times. Even if you transfer me out, the EMS crew must be trained, or my caregiver has to be with me. My 'Go Bag' is essential too. I shouldn't go anywhere without it!

Remember!

When in doubt, change it out!



cardinalglennon.com/STARS

Disaster Planning

My STARS 13

My Tasks 9

Search

STATUS ▾

SERVICE PROVIDERS ▾

PATIENT COUNTY ^

Select/Unselect All

Illinois

Bond

Clinton

Effingham

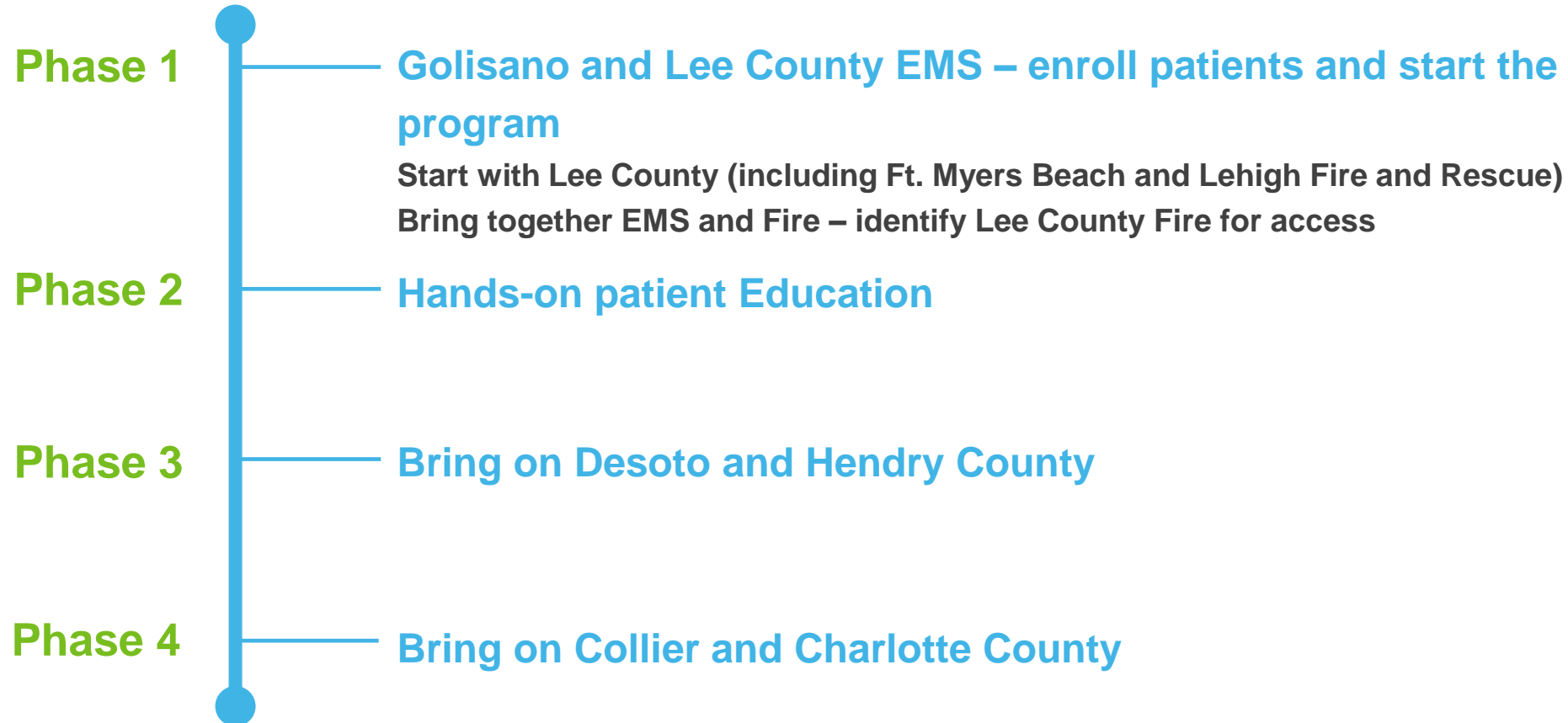
Fayette

Jackson

ACTIVE		
209 Rural Med EMS IL - Fayette	292 Illinois Region 6 IL - Effingham	378 Rural Med EMS IL - Fayette
419 Rural Med EMS IL - Fayette	422 Rural Med EMS IL - Fayette	424 Illinois Region 6 IL - Effingham
705 Rural Med EMS IL - Fayette	712 Rural Med EMS IL - Fayette	859 Rural Med EMS IL - Fayette



STARS: Phased Projects





One Kid Counts

Autism

(focus for future webinar or next meeting)

- 5/31 Florida EMS Webinar series: Autism Interaction for First Responders, Lt. Ryan Woodard, NRP, Oklahoma City Fire Dept. and Autism Foundation of Oklahoma (recording [link](#))
- Florida CARD centers (Center for Autism and Related Disorders): <http://florida-card.org/map.htm>
-Temple Terrace FD example (Dr. B Shepard)
- ? Adapt distraction toolkits
- Autism CHOP PEM Podcast: Eron Friedlaender, MD shares her expertise as a physician and parent in caring for the child with autism in the ED
<https://podcasts.apple.com/us/podcast/chop-pem-podcast/id1543470608?i=1000555457178>
- PBCFR creating kits for pediatric EMS patients and pediatric EMS scene bystanders regarding patients on the autism spectrum

HRSA-EMSC Programs



Emergency Medical Services for Children

EMSC Innovation and Improvement Center (EIIC)



Emergency Medical Services for Children
Innovation and Improvement Center

National EMSC Data Analysis Resource Center (NEDARC)



State Partnership Programs



Pediatric Emergency Care Applied Research Network (PECARN)



National EMSC Related Updates



EIIC Prehospital Pediatric Readiness Toolkit and Checklist:

https://media.emscimprovement.center/documents/Prehospital_Pediatric_Readiness_Checklist_Final.pdf

EIIC Pediatric Readiness for EDs- checklists **updated 2021**

- https://media.emscimprovement.center/documents/NPRP_Modified_Interactive_Checklist_Final.pdf

- https://media.emscimprovement.center/documents/NPRP_Checklist_Final_Apr2021.pdf



Pediatric Readiness in the Emergency Department

This checklist is based on the American Academy of Pediatrics (AAP), American College of Emergency Physicians (ACEP), and Emergency Nurses Association (ENA) 2018 joint policy statement "Pediatric Readiness in the Emergency Department," which can be found online at: <https://pediatrics.aappublications.org/content/pediatrics/142/3/e20182459.full.pdf>. Use this tool to check if your hospital emergency department (ED) has the most critical components listed in this joint policy statement.

Administration and Coordination of the ED for the Care of Children

- Physician Coordinator for Pediatric Emergency Care (PECC)*
 - Board certified/eligible in EM or PEM (preferred but not required for resource limited hospitals)
 - The Physician PECC is not board certified in EM or PEM but meets the qualifications for credentialing by the hospital as an emergency clinician specialist with special training and experience in the evaluation and management of the critically ill child.
- Nurse Coordinator for Pediatric Emergency Care (PECC)*
 - CPEN/CEN (preferred)
 - Other credentials (e.g. CPN, CCRN)

*An Advanced Practice Provider may serve in either of these roles. Please see the guidelines' toolkit for further definition of the roles(s).

Physicians, Advanced Practice Providers (APPs), Nurses, and Other ED Healthcare Providers

- Healthcare providers who staff the ED have periodic pediatric-specific competency evaluations for children of all ages. Areas of pediatric competencies include any/all of the following:
 - Assessment and treatment (e.g. triage)
 - Medication administration
 - Device/equipment safety
 - Critical procedures
 - Resuscitation
 - Trauma resuscitation and stabilization
 - Disaster drills that include children
 - Patient and family-centered care
 - Team training and effective communication

Guidelines for QI/PI in the ED

- The QI/PI plan includes pediatric-specific indicators
 - Data are collected and analyzed
 - System changes are implemented based on performance

ED Policies, Procedures, and Protocols

Policies, procedures, and protocols for the emergency care of children. (These policies may be integrated into overall ED policies as long as pediatric-specific issues are addressed)

- Illness and injury triage
- Pediatric patient assessment and reassessment
- Identification and notification of the responsible provider of abnormal pediatric vital signs
- Immunization assessment and management of the under-immunized patient
- Sedation and analgesia, for procedures including medical imaging
- Consent, including when parent or legal guardian is not immediately available
- Social and behavioral health issues
- Physical or chemical restraint of patients
- Child maltreatment reporting and assessment
- Death of the child in the ED
- Do not resuscitate (DNR) orders
- Children with special health care needs
- Family and guardian presence during all aspects of emergency care, including resuscitation
- Patient, family, guardian, and caregiver education
- Discharge planning and instruction
- Bereavement counseling
- Communication with the patient's medical home or primary care provider as needed.
- Telehealth and telecommunications

All-Hazard Disaster Preparedness

The written all-hazard disaster-preparedness plan addresses pediatric-specific needs within the core domains including:

- Medications, vaccines, equipment, supplies and trained providers for children in disasters
- Pediatric surge capacity for injured and non-injured children
- Decontamination, isolation, and quarantine of families and children of all ages
- Minimization of parent-child separation
- Tracking and reunification for children and families

- Evidence-based clinical pathways, order sets or decision support available to providers in real time

Inter-facility Transfers

- Written pediatric inter-facility transfer agreements
- Written pediatric inter-facility transfer guidelines. These may include:
 - Criteria for transfers (e.g. specialty services)
 - Criteria for selection of appropriate transport service
 - Process for initiation of transfer
 - Plan for transfer of patient information
 - Integration of family-centered care
 - Integration of telehealth/telecommunications

Guidelines for Improving Pediatric Patient Safety

Pediatric patient and medication safety needs are addressed in the following ways:

- Children are weighed in kilograms only
- Weights are recorded in kilograms only
- For children who require emergency stabilization, a standard method for estimating weight in kilograms is used (e.g., a length-based system)
- Infants and children have a full set of vital signs recorded
 - A full set of vital signs includes temperature, heart rate, respiratory rate, pulse oximetry, blood pressure, pain, and mental status when indicated in the medical record.
- CO2 monitoring for children of all ages
- Process for safe medication delivery that includes:
 - Prescribing
 - Administration
 - Disposal
- Pre-calculated drug dosing and formulation guides
- 24/7 access to interpreter services in the ED
- Timely tracking and reporting of patient safety events

Guidelines for ED Support Services

- Medical imaging capabilities and protocols address age- or weight-appropriate dose reductions for children.
- All efforts made to transfer completed images when a patient is transferred from one facility to another.
- Collaboration with radiology, laboratory and other ED support services to ensure the needs of children in the

Pediatric equipment, supplies, and medications are appropriate for children of all ages and sizes (see list below), and are easily accessible, clearly labeled, and logically organized.

- ED staff is educated on the location of all items.
- Daily method in place to verify the proper location and function of pediatric equipment and supplies
- Medication chart, length-based tape, medical software, or other systems is readily available to ensure proper sizing of resuscitation equipment and proper dosing of medications.
- Standardized chart or tool used to estimate weight in kilograms if resuscitation precludes the use of a weight scale (eg. length-based tape)

Medications

- Analgesics (oral, intranasal, and parenteral)
- Anesthetics (eutectic mixture of local anesthetics; lidocaine 2.5% and prilocaine 2.5%; lidocaine, epinephrine, and tetracaine; and LMX 4 [4% lidocaine])
- Anticonvulsants (benzodiazepines, levetiracetam, valproate, carbamazepine, fosphenytoin, and phenobarbital)
- Antidotes (common antidotes should be accessible to the ED e.g. naloxone)
- Antipyretics (acetaminophen and ibuprofen)
- Antiemetics (ondansetron and prochlorperazine)
- Antihypertensives (labetalol, nicardipine, and sodium nitropruside)
- Antimicrobials (parenteral and oral)
- Antipsychotics (olanzapine and haloperidol)
- Benzodiazepines (midazolam and lorazepam)
- Bronchodilators
- Calcium chloride and/or calcium gluconate
- Corticosteroids (dexamethasone, methylprednisolone, and hydrocortisone)
- Cardiac medications (adenosine, amiodarone, atropine, procainamide, and lidocaine)
- Hypoglycemic interventions (dextrose, oral glucose)
- Diphenhydramine
- Epinephrine (1mg/mL [1M] and 0.1 mg/mL [IV] solutions)
- Furosemide
- Glucagon
- Insulin
- Magnesium sulfate
- Intracranial hypertension medications (mannitol, 3% hypertonic saline)
- Neuromuscular blockers (rocuronium and succinylcholine)
- Sucrose solutions for pain control in infants
- Sedation medications (midazolam, etomidate and ketamine)
- Sodium bicarbonate (4.2%)
- Vasopressor agents (dopamine, epinephrine and



Prehospital Pediatric Readiness EMS AGENCY CHECKLIST



This checklist is based on the 2020 joint policy statement "Pediatric Readiness in Emergency Medical Services Systems", co-authored by the Academy of Pediatrics (AAP), American College of Emergency Physicians (ACEP), Emergency Nurses Association (ENA), National Association of EMS Physicians (NAEMSP), and National Association of EMTs (NAEMT). Additional details can be found in the AAP Technical Report "Pediatric Readiness in Emergency Medical Services Systems".

Use this tool to check if your EMS agency is ready to care for children as recommended in the Policy Statement.

Consider using resources compiled by the Health Resources & Services Administration's Emergency Medical Services for Children (EMSC) Program when implementing the recommendations noted here, to include the [Prehospital Pediatric Readiness Toolkit](#).



EDUCATION & COMPETENCIES FOR PROVIDERS

- Process(es) for ongoing pediatric specific education using one or more of the following modalities:
 - Classroom/in-person didactic sessions
 - Online/distributive education
 - Skills stations with practice using pediatric equipment, medication and protocols
 - Simulated events

Process for evaluating pediatric-specific competencies for the following types of skills:

- Psychomotor skills, such as, but not limited to:
 - Airway management
 - Fluid therapy
 - Medication administration
 - Vital signs assessment
 - Weight assessment for medication dosing and equipment sizing
 - Specialized medical equipment
- Cognitive skills, such as, but not limited to:
 - Patient growth and development
 - Scene assessment
 - Pediatric Assessment Triangle (PAT) to perform assessment
 - Recognition of physical findings in children associated with serious illness
- Behavioral skills, such as, but not limited to:
 - Communication with children of various ages and with special health care needs
 - Patient and family centered care
 - Cultural awareness
 - Health care disparities
 - Team communication

EQUIPMENT AND SUPPLIES

- Utilize national consensus recommendations to guide availability of equipment and supplies to treat all ages
- Process for determining competency on available equipment and supplies

PATIENT AND MEDICATION SAFETY

- Utilization of tools to reduce pediatric medication dosing and administration errors, such as, but not limited to:
 - Length based tape
 - Volumetric dosing guide
- Policy for the safe transport of children
- Equipment necessary for the safe transport of children

PATIENT- AND FAMILY-CENTERED CARE IN EMS

Partner with families to integrate elements of patient- and family-centered care in policies, protocols, and training, including:

- Using lay terms to communicate with patients and families
- Having methods for accessing language services to communicate with non-English speaking / non-verbal patients and family members
- Narrating actions, and alerting patients and caregivers before interventions are performed

Policies and procedures that facilitate:

- Family presence during resuscitation
- The practice of cultural or religious customs
- A family member or guardian to accompany a pediatric patient during transport

POLICIES, PROCEDURES, AND PROTOCOLS (TO INCLUDE MEDICAL OVERSIGHT)

- Prearrival instructions identified in EMS dispatch protocols include pediatric considerations, when relevant, such as, but not limited to:
 - Respiratory distress
 - Cardiac arrest
 - Choking
 - Seizure
 - Altered consciousness
- Policies, procedures, and protocols include pediatric considerations, such as, but not limited to:
 - Policy on pediatric refusals
 - Pediatric assessment
 - Consent and treatment of minors
 - Recognition and reporting of child maltreatment
 - Trauma triage
 - Children with special health care needs
- Direct medical oversight integrates pediatric-specific knowledge
- Protocols (indirect medical oversight) include pediatric evidence when available
- Destination policy that integrates pediatric-specific resources

QUALITY IMPROVEMENT (QI)/ PERFORMANCE IMPROVEMENT (PI)

- PI process includes pediatric encounters
- Pediatric-specific measures are included in the PI process
- Submission of EMS agency data to the state's prehospital patient care database
- Submitted data is compliant with the current version of NEMESIS (version 3.x or higher)
- Process to track pediatric patient centered outcomes across the continuum of care, such as, but not limited to:
 - Transport destination
 - Secondary transport destination
 - ED and hospital disposition
 - ED and hospital diagnoses
 - Survival to hospital admission
 - Survival to hospital discharge

INTERACTION WITH SYSTEMS OF CARE

Policies, procedures, protocols, and performance improvement initiatives involve ongoing collaboration with:

- Pediatric emergency care
- Public health
- Family advocates

Plans and exercises for disasters or mass casualty incidents include:

- Care of pediatric patients, such as, but not limited to:
 - Pediatric mental health first aid
 - Pediatric disaster triage
 - Pediatric dosing of medications used as antidotes
 - Pediatric mass transport
- Tracking of unaccompanied children
- Family reunification
- Collaborate with external personnel or have internal staff focused on enhancing pediatric care, such as, but not limited to:
 - Pediatric emergency care coordinator (PECC)
 - Regional PECC
 - Pediatric advisory council(s)
 - Medical director with pediatric knowledge and experience

- Understand pediatric capabilities at local and/or regional emergency departments for children with the following types of conditions:
 - Medical emergency
 - Traumatic injury
 - Behavioral health emergency
- Policies and/or procedures for transfer of responsibility of patient care at destination

Revised May 20, 2021

To provide feedback on this checklist, please email pprp@emscimprovement-center

For additional information on the Prehospital Pediatric Readiness Project (PPRP), visit: <https://emscimprovement-center/domains/prehospital-care/prehospital-pediatric-readiness>



National EMSC Related Updates

NEDARC EMSC 2022 EMS Agency Survey closed March 31, 2022,
FL rate 81% !

- Focus on Performance Measures 2 and 3 (PECC and pediatric equipment): **Results pending**
- First year survey was *not* part of the FL annual EMS survey
- Feedback to NEDARC and HRSA

<https://www.emscsurveys.org/docs/EMS%20for%20Children%20Assessment.pdf>

<https://nedarc.org/performanceMeasures/documents/2021NationalReportforEMSAgencies-final.pdf>

To better understand the EMS system's ability to care for pediatric patients, the **EMS for Children Program** conducted a national survey of EMS agencies. The following are the results of this quality improvement effort. EMS agencies can learn more about their state efforts by contacting their state EMS for Children Program Manager shown in the Resources sections of this 3-page report.

2021 National EMS for Children Survey Results

15,768 EMS agencies were sent survey

Types of Methods for Physically Demonstrating Correct Use of **PEDIATRIC-SPECIFIC** Equipment

- Demonstration Skill
- Simulation Observation
- Field Observation

Resources

- [Pediatric Readiness in EMS Systems](#) (joint policy statement)
- [Prehospital Pediatric Readiness Toolkit](#)
- [Simulation-based assessment of paramedic pediatric resuscitation skills](#) (abstract)
- [Use of Pediatric-Specific Equipment](#) (video)
- [State EMS for Children Program Manager List](#) (online database)

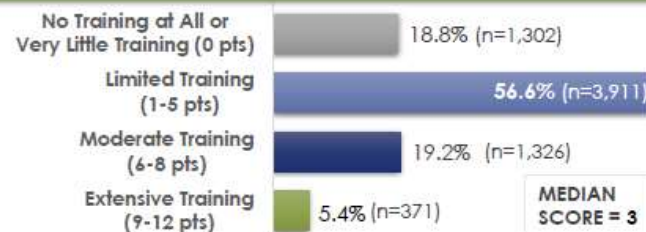
Prepared by the **National EMS for Children Data Analysis Resource Center (NEDARC)**, located at the **University of Utah School of Medicine**. July 2021 www.nedarc.org

This report is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of the Emergency Medical Services for Children Data Center award totaling \$3,000,000 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

Percent & Type/Method Skill Checking Reported



Frequency of Skill-Checking on Pediatric Equipment



[Click here](#) and go to page 35 to see how the skill-checking points were calculated.

Significance

The processes & frequency of skill-checking evaluations for EMS providers has long been established as important for the maintenance of skills when treating patients for improved patient outcomes.¹⁻³

Miller's Model of Clinical Competence provides a framework for clinical evaluation that theorizes that competency for clinical skills can be demonstrated for EMS through a combination of skill stations, case scenarios & simulations, & real-life field observations with a frequency of at least twice a year.³⁻⁴

1. Lammen, R. L., Byrwa, M. J., Fales, W. D., & Hale, R. A. (2009). *Simulation-based Assessment of Paramedic Pediatric Resuscitation Skills*. *Prehospital Emergency Care*, 13(3), 345-356.
2. Su, E., Schmidt, T. A., Mann, H. C., & Zechin, A. D. (2000). *A Randomized Controlled Trial to Assess Decay in Acquired Knowledge Among Paramedics Completing a Pediatric Resuscitation Course*. *Academic Emergency Medicine*, 7(7), 779-786.
3. Miller GE. *The Assessment of Clinical Skills/Competence/Performance*. *Acad Med* 1990; 65:563-67.
4. National EMS for Children Data Analysis Resource Center (NEDARC). *EM for Children Performance Measures Implementation Manual for State Partnership Grantees*. Salt Lake City, UT: NEDARC; 2017.

To better understand the EMS system's ability to care for pediatric patients, the **EMS for Children Program** conducted a national survey of EMS agencies. The following are the results of this quality improvement effort. EMS agencies can learn more about their state efforts by contacting their state EMS for Children Program Manager shown in the Resources sections of this 3-page report.

2021 National EMS for Children Survey Results

15,768 EMS agencies were sent survey

What is a PECC?

A designated individual(s), often called a **Pediatric Emergency Care Coordinator** or **PECC**, who is responsible for coordinating and **championing PEDIATRIC-SPECIFIC** activities for an EMS agency. This individual(s) could serve as the PECC for one or more EMS agencies.

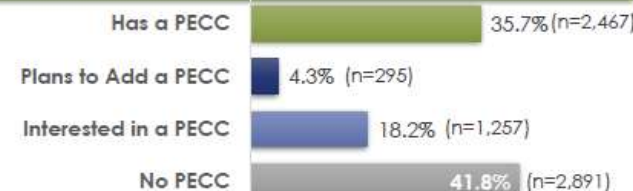
Resources

- [Pediatric Readiness in EMS Systems](#) (joint policy statement)
- [Pediatric Emergency Care Coordinator Learning Collaborative](#) (webpage)
- [Pediatric Emergency Care Coordinator](#) (video)
- [Prehospital Pediatric Readiness Toolkit](#)
- [State EMS for Children Program Manager List](#) (online database)

Prepared by the **National EMS for Children Data Analysis Resource Center (NEDARC)**, located at the **University of Utah School of Medicine**. July 2021 www.nedarc.org

This report is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of the Emergency Medical Services for Children Data Center award totaling \$3,000,000 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

PECC at Agencies



Agencies who Have a PECC – Top 5 Reported PECC Duties



Significance

A study of the readiness of hospital emergency departments (EDs) to care for children has shown that EDs are more prepared to care for children when there is a PECC who is responsible for championing & making recommendations for policies, training, & resources pertinent to the emergency care of children.¹ While this study was conducted in EDs, the 2020 joint policy statement,² *Pediatric Readiness in EMS Systems*, states the importance of EMS physicians, administrators, & personnel to collaborate with pediatric acute care experts to optimize EMS care for children to improve outcomes. In further support of the importance of EMS agency PECCs, a recent study³ "found that the availability of a PECC in an agency is associated with increased frequency of pediatric psychomotor skills evaluations."³

1. Gausche-Hill, M., Ely, M., Schmuhl, P., Telford, R., Remick, K. E., Edgerlon, E. A., & Olson, L. M. (2015). *A National Assessment of Pediatric Readiness of Emergency Departments*. *JAMA Pediatrics*, 169(6), 527-534.
2. Moore, B., Shah, M. I., Owusu-Ansah, S., Gross, T., Brown, K., Gausche-Hill, M., Remick, K., Adelgas, K., Lyng, J., Rappaport, L., & Snow, S. (2020). *Pediatric Readiness in Emergency Medical Services Systems*. *Prehospital Emergency Care*, 24(2), 175-179.
3. Hewes, H. A., Ely, M., Richards, R., Shah, M. L., Busch, S., Pilkey, D., Dixon Hart, K., & Olson, L. M. (2018). *Ready for Children: Assessing Pediatric Care Coordination and Psychomotor Skills Evaluation in the Prehospital Setting*. *Prehospital Emergency Care*. DOI: 10.1080/10903127.2018.1542472.

Florida EMS for Children Program 2022 EMS Agency Survey Results

Florida Data Collection Numbers:

Number of Respondents: **142**

Number Surveyed: **176**

Response Rate: **81%**

Number of Records in Dataset (after data cleaning)*: **142**

*Data cleaning includes removing agencies that do not respond to 911, duplicates, etc.

Performance Measures EMSC 02 and EMSC 03:

Number of Records Used in Performance Measure Calculation (see below): **141**

Performance Measure Exclusions*:

Indian Health Services or Tribal Agencies Participating: **0**, Military Facilities

Participating: **1**, Air-Only Agencies: **0**, or Water-Only Agencies: **0**.

*The agencies listed above are excluded from any final calculations related to the Performance Measures (see below). However, all states and/or territories were given the opportunity to survey these agencies for additional reporting based on state interest and need. Therefore, information from these agencies is included in all other data points.

Pediatric Emergency Care Coordinator (EMSC 02):

44.7%
(63/141)

(Exclusions See Above)

Use of Pediatric-Specific Equipment (EMSC 03):

32.6%
(46/141)

(Exclusions See Above)

A respondent needed to answer YES to "Having a designated individual who coordinates pediatric emergency care" in the survey to meet this measure.

See pg. 35 in the "EMSC for Children Performance Measures, Implementation Manual for State Partnership Grantees, Effective March 1st, 2017" for an explanation of the scoring.

Florida EMSC 02 - Pediatric Emergency Care Coordinator (PECC) Performance Measure Tren..

Trending Over Time:

There are many ways to measure improvement over time. On this page, you can see how your state performed for EMSC 02:

1) Trend Over Time - This looks at all respondents from all four survey years to see how your state's performance measure numbers are changing. The number of respondents may not be the same because response rates often change and the same agencies do not always participate.

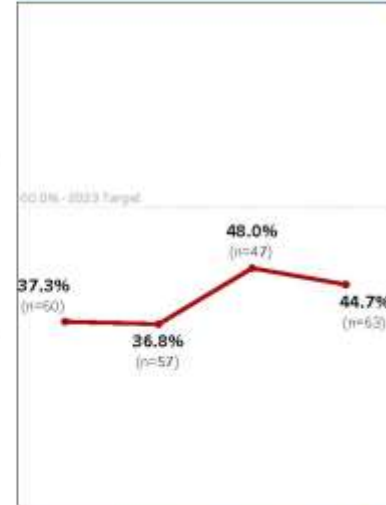
2) Trend Over Time (One to One Analysis) - This looks at only those agencies who participated in all four years of the survey. This type of analysis illustrates collective upward or downward movement with EMSC 02 over time for those agencies who completed the survey in all three years.

NOTE: EHB = Electronic Handbook. These are the official numbers that are reported to the EMSC Program.

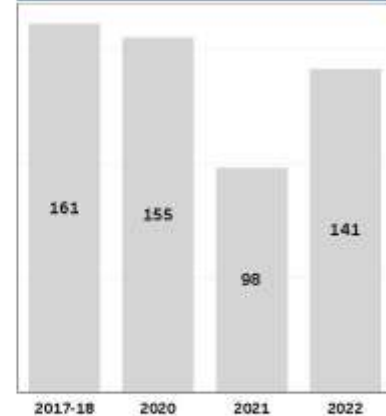
The horizontal dashed gray line in the graphs indicates the EMSC National Target for 2023 which is 60%.

BELOW: Percent and Number of Florida Agencies that Reported Meeting EMSC 02 by Survey Year.

EMSC 02 - Trend Over Time (Met PM - EHB Num):

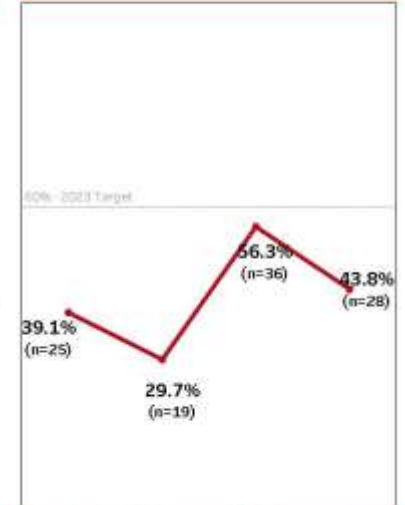


EMSC 02 Number of Agencies Surveyed Each Year:

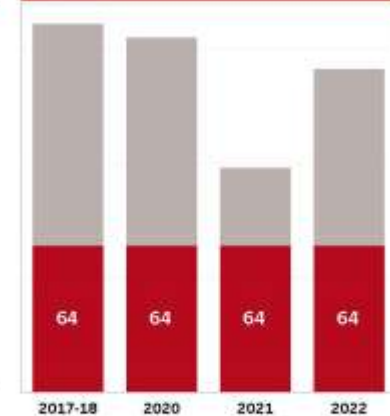


BELOW: Percentage and Number of Florida Agencies Participating in ALL FOUR Survey Years that Reported Meeting EMSC 02.

EMSC 02 - Trend Over Time (Met PM - 1:1 Analysis):



EMSC 02 - # of Agencies that Responded EVERY Year:



2022 preliminary data

Florida EMSC 03 - Use of Pediatric-Specific Equipment Performance Measure Trending:

Trending Over Time:

There are many ways to measure improvement over time. On this page, you can see how your state performed for EMSC 03:

1) **Trend Over Time** - This looks at all respondents from all four survey years to see how your state's performance measure numbers are changing. The number of respondents may not be the same because response rates often change and the same agencies do not always participate.

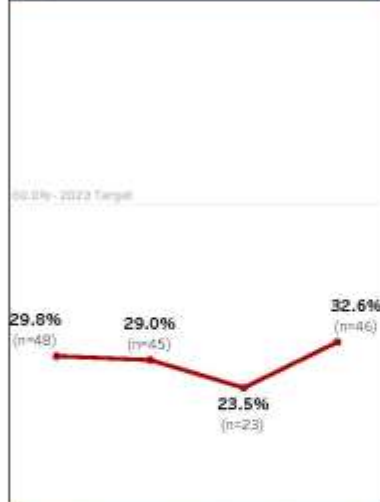
2) **Trend Over Time (One to One Analysis)** - This looks at only those agencies who participated in all four years of the survey. This type of analysis illustrates collective upward or downward movement with EMSC 03 over time for those agencies who completed the survey in all three years.

NOTE: EHB = Electronic Handbook. These are the official numbers that are reported to the EMSC Program.

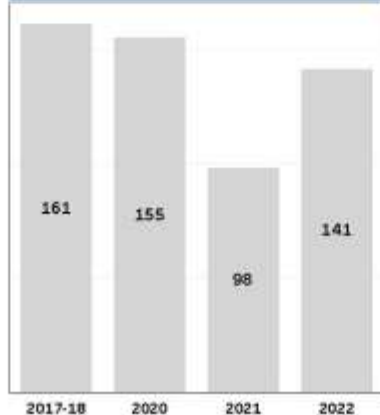
The horizontal dashed gray line in the graphs indicates the EMSC National Target for 2023 which is 60%.

BELOW: Percent and Number of Florida Agencies that Reported Meeting EMSC 03 by Survey Year.

EMSC 03 - Trend Over Time (Met PM - EHB Num):

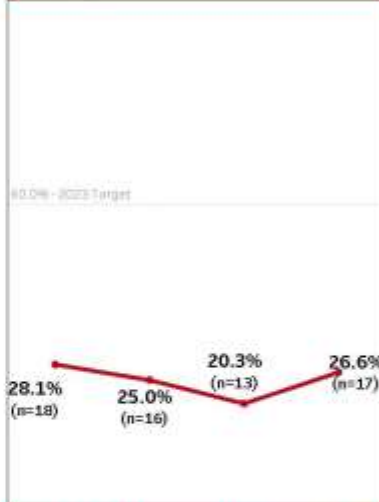


EMSC 02 Number of Agencies Surveyed Each Year:

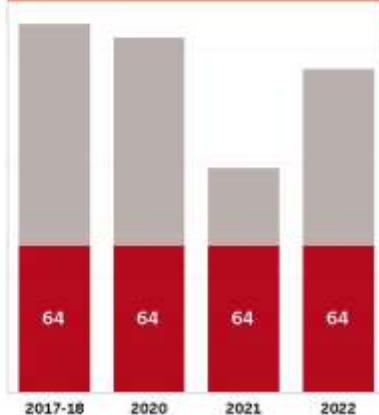


BELOW: Percent and Number of Florida Agencies Participating in ALL FOUR Survey Years that Reported Meeting EMSC 03.

EMSC 03 - Trend Over Time (Met PM - 1:1 Analysis):



EMSC 02 - # of Agencies that Responded EVERY Year:



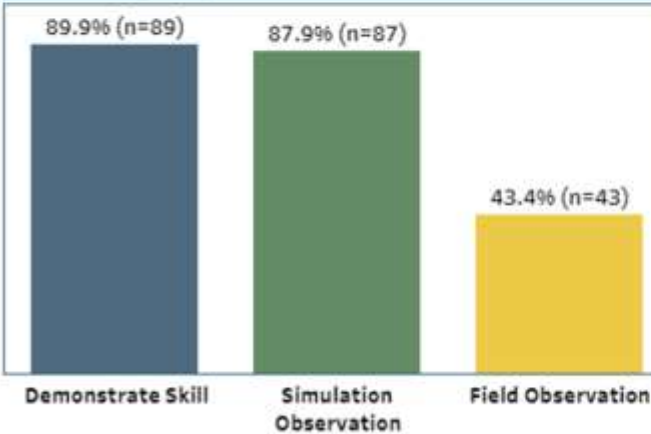
Florida Use of Pediatric-Specific Equipment Overview for 2021

Use of Pediatric-Specific Equipment:

6 pts or Higher 23.2% (n=23)

Less than 6 pts 76.8% (n=76)

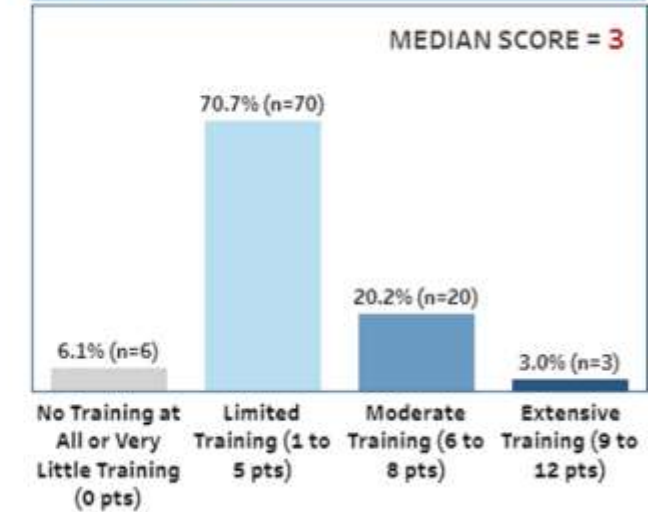
Percent and Type/Method of Skill Checking Reported:



Survey Year: 2021 | Pediatric Volume: (All) | Urbanicity: (All)

County: (All) | Agency Type*: (All) | *All = All Agencies You Surveyed, Drop Down the Menu to See Sub-Group Detail

Breaking Down the Score = Frequency of Training:



Frequency Report from the 2021 National Pediatric Readiness Assessment:
Data Collected May 1 – August 31, 2021

	Overall Numbers > Numbers by Pediatric Volume in the Last Year				
	Overall (N = 170)	Low (N = 63)	Medium (N = 56)	Medium High (N = 28)	High (N = 23)
Weighted Pediatric Readiness Score					
Mean	74.8	70.1	72.8	77.8	88.9
Median	75.5	67.5	76.4	78.5	90.5

National
EMSC
Related
Updates

2021 NPRP Assessment (ED pediatric readiness)

- FL 58% response rate
- <https://pedsready.org/>
- Overall mean 74.8, median 75.5/100, higher for high volume EDs
- Pending national score for comparison due to publication
- 2013 FL scores, 78 and 82 but not a direct comparison
- National 2013 median 69.
- COVID, response rate



Florida 2021 National Pediatric Readiness State Summary

2021 Pediatric Readiness Response Rate

Numerator: **170**
 Denominator: **295**
 Response Rate: **58%**

2013-14 Pediatric Readiness Response Rate

Numerator: **127**
 Denominator: **209**
 Response Rate: **61%**

2021 Average State Score

75

State AVERAGE Hospital Score out of 100 (n=170)

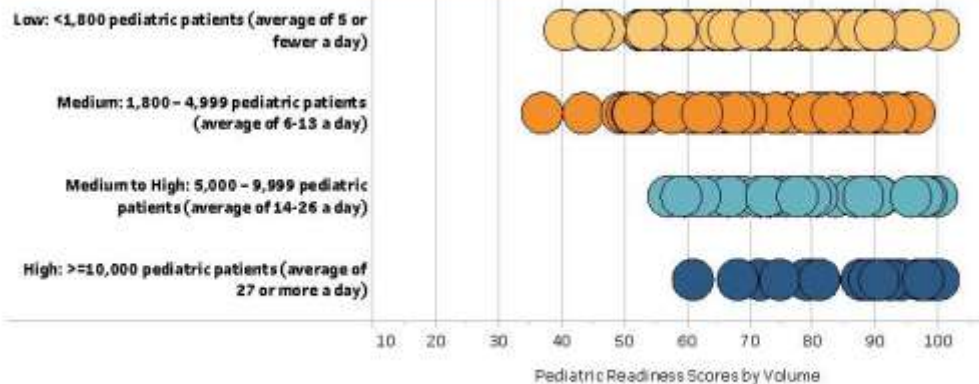
2021 Median State Score

76

State MEDIAN Hospital Score out of 100 (n=170)

The overall 2021 National Pediatric Readiness scores (based on the 2018 Joint Policy Guidelines) are not directly comparable with the 2013-14 state scores (based on the 2009 Joint Policy Guidelines). These were two unique assessments based on two different published sets of guidelines. Questions were added/removed and point values changed based on the new guidelines. Although the overall scores are not comparable, several individual questions remained the same and these components can be compared over time.

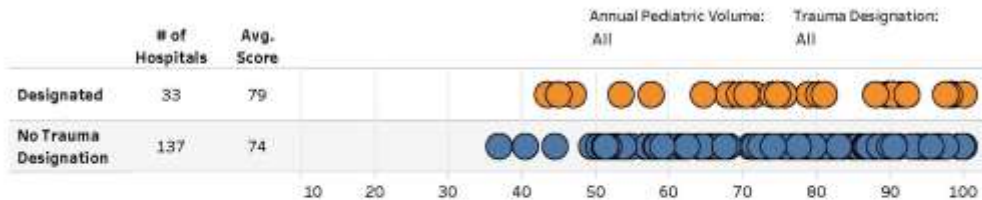
2021 Distribution of Scores by Volume



Breakdown of Scores by Volume Type:

Annual Pediatric Volume	# of Hospitals	Avg. Score	Median Score	Min. Score	Max. Score
Low: <1,800 pediatric patients (average of 5 or fewer a day)	63	70	68	40	100
Medium: 1,800 - 4,999 pediatric patients (average of 6-13 a day)	56	73	76	37	96
Medium to High: 5,000 - 9,999 pediatric patients (average of 14-26 a day)	28	78	79	57	100
High: >=10,000 pediatric patients (average of 27 or more a day)	23	89	91	61	100
Grand Total	170	75	76	37	100

Breakdown of Scores by Trauma Designation



Average Scores By Section

Section	Missing Records	Avg Section Score	Possible Score
Guidelines for Administration and Coordination of the ED for the Care of Children (19 pts)	0	7.8	19
Physicians, Nurses, and Other Health Care Providers Who Staff the ED (10 pts)	0	6.2	10
Guidelines QI/PI in the ED (7 pts)	0	3.0	7
Guidelines for Improving Pediatric Patient Safety in the ED (14 pts)	0	13.5	14
Guidelines for Policies, Procedures, and Protocols for the ED (17 pts)	0	12.1	17
Guidelines for Equipment, Supplies, and Medications for the Care of Pediatric Patients in the ED (33 pts)	0	32.3	33

NOTE: If there are missing values from any of the assessments (specifically from PDF assessments), they are shown in the "Missing Records" column. This indicates records that were missing scored questions and could not be included in the calculation of the average section score.

Analysis of Scored Questions in the Assessment by Section

The following analysis is grouped by the **six** main sections of the assessment. Each section has an average score shown on page 2. Under the section headings are the lists for each of the scored questions in that section along with a comparison between the previous 2013-14 assessment (if applicable) and the most recent national assessment.

If a question has been added since the original 2013-14 national assessment **you will see a blank in the "2013-14 Percent that Had Item,"** indicating that question was not available during the previous assessment.

The KPI (Key Performance Indicator) is shown in the legend on your right in colors and shapes. These symbols are not punitive, rather an indicator of performance **to help you quickly identify areas for quality improvement** based on the 2021 results. Collaborate with stakeholders in your state/territory to identify areas to work on first.

The importance of having each of these items can be found in the "Importance Statements" document: <https://www.pedready.org/docs/NPRP%20GAP%20Report%20Importance%20Statements.pdf>.

NOTE: Please note that the bigger the difference in response rates between the two assessment periods (see page 1), the more difficult it is to use this report for an accurate assessment of change over time.

KPI Legend:

-  100% of EDs Have Item
-  80 to 99.9% Have Item
-  60 to 79.9% Have Item
-  30 to 59.9% Have Item
-  29.9% or Less Have Item

Guidelines for Administration and Coordination of the ED for the Care of Children (19 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
Physician Coordinator		73/170 (Missing = 0)	42.9%	58.7%	-15.8% ▼
Nurse Coordinator		66/170 (Missing = 0)	38.8%	66.7%	-27.9% ▼

Physicians, Nurses, and Other Health Care Providers Who Staff the ED (10 points)

Physician Competency Evaluations		124/170 (Missing = 0)	72.9%	55.6%	17.3% ▲
Physician Maintenance of Board Certification		100/170 (Missing = 0)	58.8%		
Nurse Competency Evaluations		151/170 (Missing = 0)	88.8%	78.6%	10.2% ▲
Nurse Maintenance of Specialty Certification		45/170 (Missing = 0)	26.5%		

Guidelines QI/PI in the ED (7 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
Patient care-review process (chart review)		83/170 (Missing = 0)	48.8%	57.9%	-9.1% ▼
Identification of quality indicators for children		64/170 (Missing = 0)	37.6%	32.5%	5.1% ▲
Collection and analysis of pediatric emergency care data		77/170 (Missing = 0)	45.3%	54.0%	-8.7% ▼
Development of a plan for improvement in pediatric emergency care		72/170 (Missing = 0)	42.4%	52.4%	-10.0% ▼
Re-evaluation of performance using outcomes-based measures		64/170 (Missing = 0)	37.6%	51.6%	-14.0% ▼

Guidelines for Improving Pediatric Patient Safety in the ED (14 points)

Children seen in the ED weighed in kilograms (without conversion from pounds)		169/170 (Missing = 0)	99.4%	83.3%	16.1% ▲
Children's weights recorded in the ED medical record in kilograms only		165/170 (Missing = 0)	97.1%		
Temperature, heart rate, and respiratory rate recorded		170/170 (Missing = 0)	100.0%	99.2%	0.8% ▲
Blood pressure monitoring available based on severity of illness		169/170 (Missing = 0)	99.4%	99.2%	0.2% ▲
Pulse oximetry monitoring available based on severity of illness		170/170 (Missing = 0)	100.0%	100.0%	0.0%
End tidal CO2 monitoring available based on severity of illness		165/170 (Missing = 0)	97.1%		
Process in place for notification (manual or automated) of physicians when abnormal vital signs are found		167/170 (Missing = 0)	98.2%	83.3%	14.9% ▲

Guidelines for Improving Pediatric Patient Safety in the ED (14 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
Process in place for the use of pre-calculated drug dosing in all children		151/170 (Missing = 0)	88.8%	92.9%	-4.1% ▼
Process in place that allows for 24/7 access to interpreter services in the ED		170/170 (Missing = 0)	100.0%	98.4%	1.6% ▲
Level of consciousness (e.g. AVPU or GCS) assessed in all children		158/170 (Missing = 0)	92.9%		
Level of pain assessed in all children		169/170 (Missing = 0)	99.4%		

Guidelines for Policies, Procedures, and Protocols for the ED (17 points)

Triage policy that specifically addresses ill and injured children		125/170 (Missing = 0)	73.5%	72.2%	1.3% ▲
Policy for pediatric patient assessment and reassessment		139/170 (Missing = 0)	81.8%	85.7%	-3.9% ▼
Policy for immunization assessment and management of the under-immunized child		85/170 (Missing = 0)	50.0%	65.1%	-15.1% ▼
Policy for child maltreatment		151/170 (Missing = 0)	88.8%	88.9%	-0.1% ▼
Policy for death of the child in the ED		120/170 (Missing = 0)	70.6%	66.7%	3.9% ▲
Policy for reduced-dose radiation for CT and x-ray imaging based on pediatric age or weight		141/170 (Missing = 0)	82.9%	62.7%	20.2% ▲
Policy for behavioral health issues for children of all ages		134/170 (Missing = 0)	78.8%		
Involving families and caregivers in patient care decision-making		127/170 (Missing = 0)	74.7%		

Guidelines for Policies, Procedures, and Protocols for the ED (17 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
Involving families and caregivers in medication safety processes		118/170 (Missing = 0)	69.4%		
Family and guardian presence during all aspects of emergency care, including resuscitation		123/170 (Missing = 0)	72.4%		
Education of the patient, family, and caregivers on treatment plan and disposition		124/170 (Missing = 0)	72.9%		
Bereavement counseling		98/170 (Missing = 0)	57.6%		
Disaster plan includes availability of medications, vaccines, equipment, supplies, and appropriately trained providers		73/170 (Missing = 0)	42.9%		
Disaster plan includes decontamination, isolation, and quarantine of families and children		75/170 (Missing = 0)	44.1%		
Disaster plan includes minimization of parent-child separation and methods for reuniting separated children with their families		75/170 (Missing = 0)	44.1%		
All disaster drills include pediatric patients		70/170 (Missing = 0)	41.2%		
Disaster plan includes pediatric surge capacity for both injured and non-injured children		70/170 (Missing = 0)	41.2%		
Disaster plan includes access to behavioral health resources for children		65/170 (Missing = 0)	38.2%		
Disaster plan includes care of children with special health care needs		69/170 (Missing = 0)	40.6%		
Written inter-facility transfer guidelines		136/170 (Missing = 0)	80.0%	86.5%	-6.5% ▼

Guidelines for Equipment, Supplies, and Medications for the Care of Pediatric Patients in the ED (33 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
All staff trained on the location of all pediatric equipment and medications	●	169/170 (Missing = 0)	99.4%	100.0%	-0.6% ▼
Daily method used to verify the proper location and function of pediatric equipment and supplies	●	159/170 (Missing = 0)	93.5%	94.4%	-0.9% ▼
Standardized chart or tool to estimate weight if resuscitation precludes the use of a weight scale (e.g., length-based tape)	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Neonatal blood pressure cuff	●	160/170 (Missing = 0)	94.1%	93.7%	0.4% ▲
Infant blood pressure cuff	●	169/170 (Missing = 0)	99.4%	99.2%	0.2% ▲
Child blood pressure cuff	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Defibrillator with pediatric and adult capabilities including pads and/or paddles	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Pulse oximeter with pediatric and adult probes	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Continuous end-tidal CO2 monitoring device	●	166/170 (Missing = 0)	97.6%	82.5%	15.1% ▲
22 gauge catheter-over-the-needle	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
24 gauge catheter-over-the-needle	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Pediatric intra-osseous needles	●	169/170 (Missing = 0)	99.4%	97.6%	1.8% ▲
IV administration sets with calibrated chambers or an infusion pump	●	165/170 (Missing = 0)	97.1%	95.2%	1.9% ▲

Guidelines for Equipment, Supplies, and Medications for the Care of Pediatric Patients in the ED (33 points)

	KPI	2021 Number of EDs that Have Item	2021 Percent that Have Item	2013-14 Percent that Had Item	Difference Between Assessments
Endotracheal tubes: cuffed or uncuffed 2.5 mm	●	162/170 (Missing = 0)	95.3%	96.0%	-0.7% ▼
Endotracheal tubes: cuffed or uncuffed 3.0 mm	●	166/170 (Missing = 0)	97.6%	96.8%	0.8% ▲
Endotracheal tubes: cuffed or uncuffed 3.5 mm	✓	170/170 (Missing = 0)	100.0%	97.6%	2.4% ▲
Endotracheal tubes: cuffed or uncuffed 4.0 mm	✓	170/170 (Missing = 0)	100.0%	100.0%	0.0%
Endotracheal tubes: cuffed or uncuffed 4.5 mm	✓	170/170 (Missing = 0)	100.0%	99.2%	0.8% ▲
Endotracheal tubes: cuffed or uncuffed 5.0 mm	✓	170/170 (Missing = 0)	100.0%	98.4%	1.6% ▲
Endotracheal tubes: cuffed or uncuffed 5.5 mm	●	169/170 (Missing = 0)	99.4%	99.2%	0.2% ▲
Endotracheal tubes: cuffed 6.0 mm	✓	170/170 (Missing = 0)	100.0%	99.2%	0.8% ▲
Laryngoscope blades: straight, size 0	●	160/170 (Missing = 0)	94.1%	97.6%	-3.5% ▼
Laryngoscope blades: straight, size 1	●	168/170 (Missing = 0)	98.8%	99.2%	-0.4% ▼
Laryngoscope blades: straight, size 2	●	166/170 (Missing = 0)	97.6%	100.0%	-2.4% ▼
Laryngoscope blades: curved, size 2	●	165/170 (Missing = 0)	97.1%	100.0%	-2.9% ▼
Pediatric-sized Magill forcep	●	156/170 (Missing = 0)	91.8%	90.5%	1.3% ▲
Nasopharyngeal airways: infant-sized	●	161/170 (Missing = 0)	94.7%	89.7%	5.0% ▲
Nasopharyngeal airways: child-sized	●	162/170 (Missing = 0)	95.3%	92.9%	2.4% ▲

National EMSC Related Updates

Pediatric Resuscitation Resources:

-Observation checklist & free modules on family-centered and trauma-informed care to improve pediatric resuscitations:

<https://www.healthcaretoolbox.org/observation-checklist-pediatric-resuscitation>

<https://savepeds.org/>

-ED focused free access courses on Pediatric Resuscitation and the National Pediatric Readiness Guidelines and FACETS of Pediatric Resuscitation: *Family-centered and Trauma-informed Support*.

National EMSC Related Updates

2021 National Guidelines for the Field Triage of Injured Patients: ACS, EMSC, NHTSA, etc. <https://www.facs.org/media/2zdlitley/field-triage-handout-vfinal-revise.pdf>

Florida has not changed field triage

fac.s.org/fieldtriageguidelines



National Guideline for the Field Triage of Injured Patients 2021



National Guideline for the Field Triage of Injured Patients

RED CRITERIA

High Risk for Serious Injury

Injury Patterns	Mental Status & Vital Signs
<ul style="list-style-type: none"> • Penetrating injuries to head, neck, torso, and proximal extremities • Skull deformity, suspected skull fracture • Suspected spinal injury with new motor or sensory loss • Chest wall instability, deformity, or suspected flail chest • Suspected pelvic fracture • Suspected fracture of two or more proximal long bones • Crushed, degloved, mangled, or pulseless extremity • Amputation proximal to wrist or ankle • Active bleeding requiring a tourniquet or wound packing with continuous pressure 	<p>All Patients</p> <ul style="list-style-type: none"> • Unable to follow commands (motor GCS < 6) • RR < 10 or > 29 breaths/min • Respiratory distress or need for respiratory support • Room-air pulse oximetry < 90% <p>Age 0-9 years</p> <ul style="list-style-type: none"> • SBP < 70mm Hg + (2 x age years) <p>Age 10-64 years</p> <ul style="list-style-type: none"> • SBP < 90 mmHg or • HR > SBP <p>Age ≥ 65 years</p> <ul style="list-style-type: none"> • SBP < 110 mmHg or • HR > SBP

Patients meeting any one of the above RED criteria should be transported to the highest-level trauma center available within the geographic constraints of the regional trauma system

YELLOW CRITERIA

Moderate Risk for Serious Injury

Mechanism of Injury	EMS Judgment
<ul style="list-style-type: none"> • High-Risk Auto Crash <ul style="list-style-type: none"> - Partial or complete ejection - Significant intrusion (including roof) <ul style="list-style-type: none"> • >12 inches occupant site OR • >18 inches any site OR • Need for extrication for entrapped patient - Death in passenger compartment - Child (Age 0-9) unrestrained or in unsecured child safety seat - Vehicle telemetry data consistent with severe injury • Rider separated from transport vehicle with significant impact (eg, motorcycle, ATV, horse, etc.) • Pedestrian/bicycle rider thrown, run over, or with significant impact • Fall from height > 10 feet (all ages) 	<p>Consider risk factors, including:</p> <ul style="list-style-type: none"> • Low-level falls in young children (age ≤ 5 years) or older adults (age ≥ 65 years) with significant head impact • Anticoagulant use • Suspicion of child abuse • Special, high-resource healthcare needs • Pregnancy > 20 weeks • Burns in conjunction with trauma • Children should be triaged preferentially to pediatric capable centers <p>If concerned, take to a trauma center</p>

Patients meeting any one of the YELLOW CRITERIA WHO DO NOT MEET RED CRITERIA should be preferentially transported to a trauma center, as available within the geographic constraints of the regional trauma system (need not be the highest-level trauma center)

Florida EMSC/PEDReady Updates



PEDReady website: <https://emlrc.org/flpedready/>

Weekly PEDReady and FL EMSC news in weekly FCEP news briefs and monthly FAEMSMD newsletter:

- pediatric related announcements, resources, literature, news from national, state and local organizations, PECC updates, champions
- email pedready@jax.ufl.edu to sign up for news briefs

Florida EMSC/PEDReady Updates

Pediatric education summary:

- Provided three days hands-on pediatric resuscitation training for Bradford and Clay counties in honor of Dr. Pete Gianas (March 2022)

- ABCs of Pediatric EMS held May 3rd in Orlando (EMLRC and Nemours), provided free scholarships for rural EMS participants

- FL Resuscitation Academy with pediatric components, held June 13th at First There First Care conference



ABC's of Pediatric EMS

May 3, 2022 at Nemours Children's Hospital

7:30 - 8:00 AM: Registration & Welcome Breakfast by Dr. Shiva Kalidindi
Pediatric Emergency Physician, Nemours Children's Hospital; ABC's of Pediatric EMS Planning Committee Chair

8:00 - 8:30 AM: Pediatric Resuscitation Update by Tony Renta, BBA
Paramedic, Owner/Instructor On-Call Training Solutions

8:30 - 9:00 AM: Effective Communication and Teamwork by Dr. Shiva Kalidindi

9:00 - 9:30 AM: Pediatric Airway Emergencies by Dr. Nicolas Erbrich
Pediatric Emergency Physician, Nemours Children's Hospital

9:30 - 10:00 AM: Caring & Comforting a Pediatric Patient: Tips & Tricks by Laurel Johnson, CCLS
Child Life Specialist, Nemours Children's Hospital

10:00 - 10:30 AM: Break with Q&A

10:30 - 12:00 PM: Simulation: Team Response & Skill Stations
Attendees will visit each station »

» **Neonatal Resuscitation - Team Response** by Drs. Tricia Swan & Maritza Plaza-Verduin
Pediatric Emergency Physicians, UF Gainesville, FL

» **Pediatric Trauma - Team Response** by Dr. Yiraima Medina-Blasini
Pediatric Emergency Physician, HCA Florida Kendall Hospital, Miami, FL

» **Drowning Resuscitation - Team Response** by Dr. Ariel Vera
Pediatric Emergency Physician, Osceola Regional Medical Center

» **Pediatric Intubation - Skill Practice** by Dr. Robert Smith
Pediatric Intensivist, Nemours Children's Hospital

» **Pediatric Airway Adjuncts - Skill Practice** by David Conomon, RRT-NPS
Respiratory Therapy Educator, Nemours Children's Hospital

» **Special Needs Children - Skill Practice** by Dr. Sarah Romero
Pediatric Emergency Physician, Nemours Children's Hospital

» **IV and IO's Tips and Tricks - Skill Practice** by Kathryn Cyphers, BSN, RNC-NIC, CHSE and Gisell Parra, EMT-P
Nemours Children's Hospital, FL

» **Tour: Pediatric Ready Rig** by Nemours Children's Hospital Transport Team

12:00 - 1:00 PM: Lunch (provided)

1:00 - 3:00 PM: Finish Skill Stations

3:00 PM: Adjourn



Registration

Registration fee: \$60
(includes breakfast & lunch)

Scholarships are available for providers within rural EMS agencies and fire departments. Email rdpass@emlrc.org to see if you qualify.

Event limited to 35 EMS providers. Cancellation policy strictly enforced.

Learn more at emlrc.org/abcoped

Accreditation

This continuing education activity is approved by the Commission on Accreditation for Pre-Hospital Continuing Education (CAPCE) for 6.0 pediatric CEH.



CAPCE requires only that approved programs have met CAPCE standards for accreditation. This requirement does not constitute a critique or endorsement by a review of its objectives, teaching plan, faculty, and program evaluation process. CAPCE does not endorse or support the acts or omissions, opinions or material content as presented by the speakers and/or sponsoring organization. CAPCE accreditation does not guarantee that the content conforms to any national, state or local standard or best practice of any nature. The student must have the course of action against CAPCE based on the accreditation of the material.

Liaison and constituency group reports

- a. Rural update (Vause and McManus)
- b. Florida FAN Report (Nasca)
- c. Trauma: Program managers (Nichols), FTSAC, FCOT
- d. Data Committee, Biospatial EMSC dashboard
- e. FL ENA (Rushing)
- f. EMS Educators
- g. PECCs (Rabish, Weed, Weishaupt)
- h. Pediatric and neonatal transport: transport delays, list of options, handoffs, transport by private car, high flow nasal cannula transports
- i. Injury prevention (Summers)

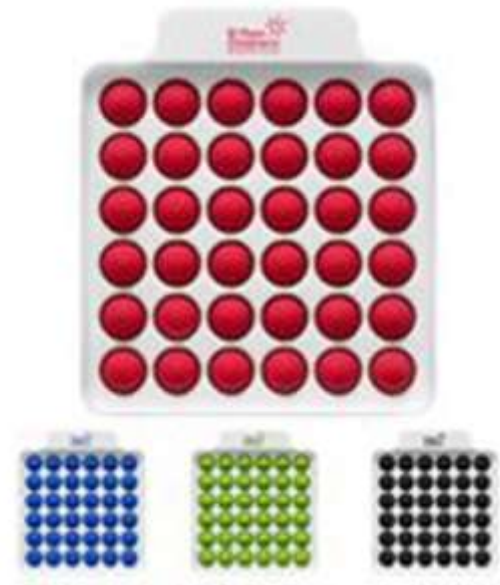
Additional Updates

General Pediatric Updates and Trends:
Influenza, RSV, hepatitis, etc.

FL PEDReady Facebook page or Instagram
coming soon

EMSC Day summary and planning for 2023

Future of distraction toolbox and
educational items



Thank You PEDReady Champions!

- New Business
- Questions, Comments and Announcements
- Send your photos, resources, stories!
- Next meeting ? week of September 2022

